

14 DAYS KAILASH AND MANSAROVAR YATRA DETAILS

Itinerary Price - \$4900

(ALL INCLUSIONS AND EXCLUSIONS ARE BELOW)

(FLIGHT PRICE CAPPED AT 1000 SGD, if there would be extra expense in booking the flight, client has to bear it)

*If Need Helicopter Kathmandu – Syprubensi (Raswagadi)– Kathmandu per person \$600

*Extra nights hotel cost per person Usd \$70 on double sharing basic on Ap and Map meals , single supplement room \$600

*Horse and porter for 3 days CNYuan 3800 (optional but advisable)

Note: Self-arrival should be on Sunday or Monday morning .

Detailed Itinerary:

Hotel Name:

- ***Kathmandu:** Deluxe Hotel Hyatt Regency, Radisson or similar ,
- ***Raswagadi:** Normal Hotel with attach bath room ,
- * **Kerung:** standard Chinese hotel with attach bathroom
- ***Sanga:** Hotel sanga east post with attach bathroom or similar,
- ***Manasarovar Guest house ,**
- ***Darchen Hotel Himalayan or new Chinese with attach bathroom ,**
- * **Deraphuk and Zulphuk new Guest house**

Day 1 (June 02)

Arrival at Kathmandu transfer to Hotel, Meal plan (D).

Day 2.

Morning Tibet visa form signature(if biometric required visit China visa center) after visa process we organize sightseeing tour to Pashupatinath, Jal Narayan and Guheshwari Temple, evening Pashupatinath Arati Darshan , Meal plan (B/L/D).

Day 3.

Take day for visa process day as leisure you can do some private trip as like Chandragiri hill or Doleshor Madhev own cost after lunch preparing for kailash trip , Meal plan (B/L/D).

Day 4.

After breakfast we process Drive Kathmandu To RaswaGadi (Elevation 2500m) 7 hrs. drive(152km). On the way enjoy natural beauty rolling hill running river while driving. Meal plan (B/L/D)

Day 5 .

After breakfast immigration and customs formalities on both sides (Nepal & China). We drive to the small town – Kerung (26km). Overnight Hotel. Meal plan (B/L/D).

Day 6.

After breakfast Drive to Sanga 250km (Elevation 4500m) Enjoy grand view of Mt. Shishapangma (8021mt high), Gauri Shankar and other high mountains from Gurungng La Pass (5050m high) Sanga. Meal plan (B/L/D).

Day 7.

Drive to - Lake Manasarovar 385km (4500m). Very auspicious day for all people Who will have first glimpse of Holy Manasarovar and view of Mt. Kailash from Horchu Pass.Overnight stay Lodge at Chhu Gompa at the shore of lake Manasarovar. Meal plan (B/L/D).

Day 8.

The abode of god will be a lifetime - achievement. Puja, Havana. Meditation, Holy bath etc. Afternoon drive to Darchen (30km) 4560m.O/N New Hotel, Meal plan BL/D).

Day 9.

Darchen to Diraphuk 18km.Kora (circuit) begins drive 10 km. cover to Tarboche and trek up to walk approximately about 04 / 05 hour Diraphuk (4890m).Overnight stay at Guest House, Meal plan (B/L/D). **Option to hire ponies will be here.**

Day 10.

Trek to Zuthulphuk (4790m) 22km. walk approximately 08 / 10 hours -Parikarma continues. This is the day every pilgrims talks about, the most difficult journey through out the trip, Trek up to Dolma La pass (5600m). We will offer short prayers at Dolmala and move towards Gaurikunda. Overnight stay at Zutulphuk Guest house. Meal plain (B/L/D).

Day 11.

Zuthulphuk to Sanga After Breakfast, we will trekaround 8 km. We will be reaching at the point, where our bus will be waiting to Drive us to Darchen, parikarma (Circuit) ends. After Lunch we will drive to Sanga via Manasarovar. Horchu Overnight hotel, Meal plain (B/L/D).

Day 12.

Drive back to **Kerung**, Meal plain (B/L/D).

Day 13.

Kerung to Katmandu early morning after breakfast drive down friendship bidge and clear Chinese immigrations and cross Nepal and complete Nepal immirgatons and drive to Kathamndu transfer to Hotel, Meal plain (B/L/D).

Day 14.

Departure transfer to Kathmandu airport, Meal plain (B) Trip concludes.

Above price Includes:- In Kathmandu deluxe hotel accommodations 4 nights with full board meals basic, all required transportation and sightseeing as per above listed trip itinerary. Tibet visa, Entry permit, Kailash parikarma entry fee, **best available Hotel / Guest house for 2 nights parikarma**, all veg. meals(dinner/breakfast/lunch). we provide pack lunch while we drive and walk on parikarma, experienced cook , English and Hindi speaking Nepalese guide, English speaking Chinese guide, requires Nepalese Sherpas, "Super Luxury" Bus, supporting truck for luggage, Yak and yak man during the parikarma for carrying luggage, first aid, Oxygen gas cylinder, Holy Lake Manasarovar parikarma (circuit) by coach. We WILL provide Duffle Bag, Jackets, Day pack (Duffle Bag and Day bag we provide as souvenir gift from our company).

Above price does not include:- Tips, personal expenses, beverage, cold drinks, phone call, rescue and emergency cost, medical and hospital expenses (incase sick on the way kailash Yatra). Travel insurance, personal riding horse, personal use porter, and international flight Tickets. Small amount monument entry fee in Kathamndu only few paces.

Notes:--

- * carrying luggage as per airline guidelines.
- *duffle bag can carry 15 kg and rest of the luggage can keep in hotel's store room
- *one jacket will be provided and one shoulder bag as well.
- *one will be staying in guest room with sharing toilets and bathroom
- *mineral water will be provided
- * food South Indian or North Indian vegetarian will be provided
- * during June morning temperatures is 15-17 degree and in night 3-5 degree
- *last year 3 days parikrama porter and horse price was 3800 yuan this year also expected the same.
- * pony/horse can't be shared and the booking of horse is for 3 days only ..

Packing list for Mount Kailash

- 2 x Synthetic or merino long underwear top (one of these is for sleeping)
- 1 x long sleeve wicking hiking shirt
- 1 x fleece jacket
- 1 x rain jacket
- 1 x pair of waterproof rain or snow pants
- 1 x pair of fall or winter weight soft shell pants
- 1 x Warm light down jackets
- 4 x pair of wool hiking socks (keep one dry pair for sleeping)
- Boots or trail running shoes with a good tread (I wore a low top Salomon trail runner in the first week of May 2018 and was fine but you will need to check weather and snow reports as some years get up to 5 meters of snow on the Dolma La Pass)
- Gaiters for snow and mud (especially if you are wearing low top shoes)
- 1 x synthetic or wool winter hat
- 1 x sunhat (the sun up at altitude is intense!)
- 1 x foreign passport
- 1 x day pack (20-30 liters) – If it is bigger than 35 liters you are carrying too much stuff!
- 2 x one liter water bottles (can be refilled with boiled water at kitchen)
- 1x mid-weight winter gloves
- 1 x sunglasses (preferably polarized for the bright snow)
- 1 x Chapstick or lip balm
- 1 x suntan lotion uv protections 50+
- 1 x small bottle of Tylenol
- 4 x small packs of tissues (paper is not provided in the rustic “squatty-potties”)
- 1 x cell phone or camera
- 1 x hand sanitizer bottle (there is no running water on the trek)
- 8 x Snickers or Clif Bars for energy during the Cora(parikrama)
- Optional but recommended: 1 x set of trekking poles (the descent from the high pass can be rather steep and icy) u can bye in Kathmandu or at Darchen.
- Optional: “Hot Hands” – single use heat packs for keeping your hands and feet extra warm