



Hindu Centre
Jnana • Bhakti • Seva

WWW.HINDUCENTRE.ORG.SG

AUGUST 2025

FOR THE ADVANCEMENT OF SANATANA DHARMA FOR THE PAST 47 YEARS

patrika

the voice of the Hindu Centre, Singapore

NEWS @HC - PAST AND FUTURE EVENTS, HIGHLIGHTS AND NEW PROGRAMS

PRAYERTO DIVINE MOTHER

OM SARVAMAṄGALAMĀṄGALYE ŚIVE
SARVĀRTHASĀDHIKE |
ŚARAṆYE TRYAMBAKE GAURI
NĀRĀYAṆI NAMOSTUTE ||

AUSPICIOUSNESS OF ALL THINGS
AUSPICIOUS!
O CONSORT OF SHIVA, FULFILLER
OF ALL OUR GOALS!
OUR ONLY REFUGE! O THREE-EYED
GAURI!
O NARAYANI! OUR SALUTATIONS TO
YOU.



[CLICK TO LISTEN](#)

From President @HC

Namaste and Vanakkam to everyone!

How quickly the year passes! It is already August and National Day is once again here, to celebrate 60 years of independence. Wishing everyone a very Happy National Day. We pray for Singapore's continued peace, prosperity and progress. Let us today remember the national pledge.

Hindu Centre was founded in 1978, when there was no umbrella Hindu organisation to provide for support and to create awareness of Sanatana Dharma among youth particularly. In 3 years, we will celebrate our Golden Jubilee. Let us know what you think we can do to celebrate and also what we can do better. Drop a note to me at president@hinducentre.org.sg.

May Ishwara bless you and your family.

Dr N Varaprasad
President

Meet Ms N Vasandy

HEAD OF BHAKTI @HC



Vasandy has been a volunteer at HC since 2004 as part of our Education and Bhakti teams. She certified as a Hinduism teacher @HC, was head of Education Committee in 2009 and continues to teach at HC.

At work, she is a cluster mentor for 6 Pre-schools and she brings a great degree of professionalism to her work as lead and organiser in the Bhakti team.

A very caring person at heart, she can be relied on to help in any project @HC. Vasandy enjoys Bhajans and brings a lot of drive and energy to our Bhakti events @HC. The devotion, care and attention to detail she puts into organising our Sivaratri and other celebrations really makes her a role model for all of us volunteers @HC.

Editor's Corner

HINDU CENTRE - 50TH ANNIVERSARY IN 2028

Hindu Centre was established in 1978 and in 3 years' time, we would have completed 50 years of service to Hindus in Singapore. Hindu Centre was established by the many great pioneers of Singapore, with the mission of transforming lives through Dharma based on the three pillars of Jnana, Bhakti and Seva. It has been the go-to place for many of us in Singapore for support in living and raising families in multi-cultural Singapore, that is becoming even more global day by day.

As we strive to take Hindu Centre into the future, we have understood that we have value to Singapore Hindus if we provide

- Fit for purpose solutions - empowering and relevant for our lives
- Yet remaining true to our roots - direct, curated and inclusive of all sampradayas
- Bringing happiness to the individual and community well-being, striving for universal peace

As a welcoming, non-judgemental community encompassing all our rich culture that is part of our practice of Sanatana Dharma.

Please join us and support us by attending our activities, volunteering and becoming members!

Shanthy Ravindran
Social Media @HC

CURIOUS TO KNOW????

IS HINDUISM
A FATALISTIC RELIGION?

[CLICK TO ANSWER](#)

**LAST MONTH'S ANSWER:
THE SOUND OF THE BELL IS
PLEASANT AND AUSPICIOUS
AND IS RUNG TO ENGAGE OUR
SENSES IN THE PRAYER AND
TO INVOKE THE DEITY AND
WELCOME THE GOD INTO OUR
HOMES.**

Rakshabandhan

SG 60 Message



Hindu Centre
Jnana • Bhakti • Seva

Raksha Bandhan
Festival of Universal Brotherhood

Sunday, 24th August
PGP Hall, Perumal Temple
397 Serangoon Road
Singapore 218123

FREE ENTRY
ALL ARE WELCOME
Please scan to register
by 18th Aug 2025

Event Activities

• Painting Competition	3:30 pm
• Rakhi Making Contest	3:30 pm
• Cultural Performances	5:45 pm
• Dinner	8:00 pm

पर्यावरणस्य सुरक्षा अस्माकं कर्तव्यम् अस्ति।
Environmental protection is our duty.

As we celebrate SG60, we honour not just 60 years of progress, peace, and prosperity, but the deeper values that have guided this journey—dharma (duty), unity, and resilience.

Singapore's multicultural fabric has allowed the Hindu community to thrive spiritually and culturally. From our temples to our festivals as well as our dance and music, we have not only preserved tradition but infused it into the soul of our modern nation.

Let SG60 be a moment to reflect on our collective karma, and the legacy we shape for generations to come. Like the timeless teachings of the Bhagavad Gita, may we continue to act with purpose, strive without attachment, and serve without ego—for the good of all Singaporeans.

As we step into the next chapter of our national journey, may Singapore be ever guided by wisdom, compassion, and shared purpose.

ॐ Vasudhaiva Kutumbakam—the world is one family. And in our island home, we live this truth.

August programs

[FIND OUT MORE](#)

- Vedic Yoga - Weekly Tuesday** - Gentle Yoga - 7:30 PM at the centre for 15+ years
- Grantha - Monthly - Book club** - Read a book every month for the past year, no mean feat!
- Balagurukulam - Weekly** - operates in 2 semesters on Sundays, closed for the school holidays
- Online Chanting - Monthly** - Chanting of stotams on many auspicious days including Pournami
- Bhajans - Monthly** - conducted by Hindu centre and Brahma Sabha together
- Mitra - Weekly - Counselling service** in the prisons - going on for many years now
- Bandhu - Monthly - Support service** for inmates of senior homes like RenCi

Bhakti - Hanuman Chalisa Mass Chanting - August 3, Sunday 9 AM-12:30 PM @HC
Ganesha Chaturthi - August 27, Wednesday 7:30 - 9 PM @HC

Book Sales at Layan Siddhi Vinayagar temple - August 27, 9-11 AM, 6-9 PM

Rakshabandhan celebration - August 24, Sunday - 3:30 PM to 9 PM @PGP Hall
Art competitions for children, followed by Performances by GIIS, GIG School, Hindu Centre, Malwa Association, Soorya Singapore, Malayali Association, DPS International, Natyaranjini and Oriya Society.

Bajrang Baan	Fusion Modakam	Tirumanthiram
By Tulsidas, calls upon Hanumanji to come urgently to the help of devotees	Naivedyam - Food for the Gods. Learn how to make Modakam withg savoury Ulundu filling, sweet peanut filling ang fusion Bandung (Rose milk) filling.	Saiva Yoga Text by Saint Thirumoolar, starting with Tantra Two which focusees on getting the grace of God through spiritual discipline
August 13 & 20, 2025	Aug 17, 2025	Starting August 18, 2025
2 Wednesdays	Sunday	Weekly on every Monday for 6 months
7:30-9 PM	3-5 PM	9-10 PM
Maithilee Kale, Yoga Instructor, singer, Kathak dancer	HC Volunteers Vasandy and Renugah Sivanandam	HC Volunteer Teacher Aruna Subramanian



July Events

[FIND OUT MORE](#)



July 4 - Hindu Centre's third Sanskrit class with Sanskrit Bharati teachers started on Friday 4th July with students of all ages, and will continue for 6 weeks.

At the end of this class, students will be able to recognise and pronounce all the letters of the Devanagari script including common connecting letters and read small slokas in Devanagari script.

July 5 - HC's Thirumurugattupadai class was well attended and appreciated, thanks very much to our volunteer teacher Krishna.

This is something we have wanted to do for a long time, because it is not a commonly recited text. But it is one of the first texts that describe Lord Muruga and leads us to his 6 abodes.

And as our teacher Krishna explained, it holds a key for our success in life.



July 8 - HC Chair yoga session was very popular, thanks very much to our teacher @Swatee Amit Karpe for the session.

It is very popular because it is something we can all do anywhere any time regardless of age. It is a modified version of all the asanas that you do on the mat, and gets us benefits too.

Please do join our Tuesday Vedic Yoga sessions to benefit from this and more!

July 12 - Bhajans taught by our teacher K Pushpa. She explained the intention of the bhajan - to connect with the divine and the other benefits - calms the mind and above all creates a sense of belonging in the group. She taught some simple bhajans: Gowri Ganesh Uma Ganesh, Rama Krishna Madhava, Hari Smarana Karo and more.

Please join our Bhakti festival celebrations which all have Bhajans and special sessions like Kanda Shashti and Hanuman Chalisa mass chanting sessions to practise your singing and enjoy the benefits of the satsanga.





Varalakshmi Puja

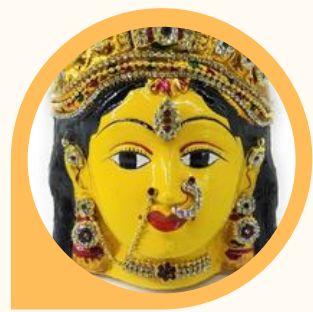
[FIND OUT MORE](#)

July 18/19 - Hindu Centre has been conducting our Home Puja workshop (meant to be done daily at home) for over a decade now, this is the first time we have taught the Varalakshmi Vrata Puja which is done once a year in the month of Aadi. Usually done by married women, we have now opened it up for everyone so that we can all receive the benefits.

Puja is one of the 5 daily duties of a Hindu and we generally teach the 16 step and 5 step puja. To this puja, we have now added the special bimba - face of Varalakshmi, mounted on a kumbha with coconut and decorated, and the sacred yellow thread which is tied on the hand as a raksha after being blessed in the puja by the goddess.

The puja itself is a sensory experience engaging all the 5 senses, but what makes this puja special is the decoration of the goddess with love and devotion, which made our students very happy.





July 10 - We celebrated Guru Purnima at Hindu

Centre with our usual Puja, chanting and Bhajans.

One of our lesser known celebrations, this is a very important observance at Hindu Centre because it pays respects to Veda Vyasa as the great guru and makes us pause in our busy lives to think about the importance of spiritual progress, learning from our scriptures through our teachers and studying ourselves.

Please attend our classes and celebrations at Hindu Centre to further your learning journey and meet our volunteer teachers and other students.

July 14 - We had the privilege of hosting Pujya Divyamurtidas Swami

and Pujya Sahriday Swami from Swaminarayan Akshardham, New Delhi. The session started with a beautiful bhajan. Swamiji spoke about how to deal with today's age of stress and strife all over the world among people both young and old, how to achieve it, using both eye-opening examples as well as stories we are familiar with.

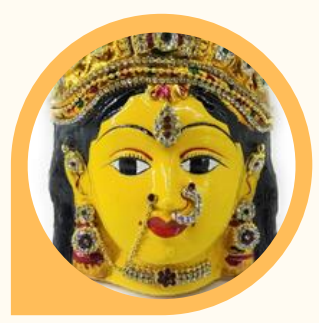


Thanks to Ram

CERTIFIED YOGA TEACHER, PRACTITIONER AND VOLUNTEER YOGA TEACHER



A Cloud, AI and Security IT Consultant and Trainer by profession, Ram is highly motivated to learn and teach @HC, his commitment to Yoga teaching and learning is worth emulating! He certified as Yoga teacher @HC in 2011 and has continued to teach for 2 months every single year in January and February since then. He also continues to delve into yoga to learn more and more and is happy to share it with our students. Ram also participates in many of our Hinduism Education classes @HC and we thank him for his unfailing support of HC in these 15 years.



Aadi Online program

[FIND OUT MORE](#)

July / August

17th July–Thursday–Lalitha Sahasranamam, Lalita Trisati, Lalita Navaratna Malai

18th July–Friday–Soundarya lahari, Ashta Lakshmi stotram

21st July–Monday–Devi Mahatmyam–Durga saptha sloki, Devi Kavacham, Argala, Kelakam, Ch 1, Mahishasura mardhini stotram

22nd July–Tuesday–Devi Mahatmyam–Durga saptha sloki, Ch 2,3,4, Ashta Lakshmi stotram

23rd July–Wednesday–Devi Mahatmyam–Durga saptha sloki, Ch 5,6,7, Ganga stotram

24th July–Thursday–Devi Mahatmyam–Durga saptha sloki, Ch 8,9,10, Kanakadhara stotram

25th July–Friday–Devi Mahatmyam–Durga saptha sloki, Ch 11,12,13, Mahalakshmi Ashtakam

28th July–Monday–Abirami Andadhi, Mahalakshmi Ashtakam

29th July–Tuesday–Mooka pancha sathi–Arya shathakam, Paadaravindha Shathakam, shyamala dandakam

30th July–Wednesday–Mooka pancha sathi–Stuthi shathakam, Mahalakshmi Ashtakam

31st July–Thursday–Mooka pancha sathi–Kataksha shathakam, Devi khadgamala stotram

1st August–Friday–Abirami Andadhi, Kanaka dhara stotram

4th August–Monday–Devi Mahatmyam–Durga saptha sloki, Devi Kavacham, Argala, Kelakam, Ch 1, Mahishasura mardhini stotram

5th August–Tuesday–Devi Mahatmyam–Durga saptha sloki, Ch 2,3,4, Ganga stotram

6th August–Wednesday–Devi Mahatmyam–Durga saptha sloki, Ch 5,6,7, Kanakadhara stotram

7th August–Thursday–Devi Mahatmyam–Durga saptha sloki, Ch 8,9,10, Ashta Lakshmi stotram

8th August–Friday–Devi Mahatmyam–Durga saptha sloki, Ch 11,12,13, Mahalakshmi Ashtakam

11th August–Monday–Lakshmi sahasranamam, Devi Khadgamala stotram

12th August–Tuesday–Mooka pancha sathi(Arya shathakam, Padaravindha shathakam),shyamala dandakam

13th August–Wednesday–Mooka pancha sathi–Stuthi shathakam, Kataksha shathakam, Kanaka dhara stotram

14th August–Thursday–Soundarya lahari, Ganga stotram

15th August–Friday–Lalitha Sahasranamam, Lalita Trisati, Lalitha Navaratna Malai



August Online Chanting

- 1)*AADI MONTH AMBAL SHLOKAS CHANTING ON WEEKDAYS*: 17.7.2025 TILL 16.8.2025 ON WEEKDAYS 7:30 AM - 8:30 AM SGT/5 AM TO 6 AM IST) VIA ZOOM ONLINE (DETAILS ABOVE)
- 2)*DEVI MAHATMYAM (CHAPTERS 1-13) CHANTING*: 2.8.2025 (SATURDAY) 7:30 AM - 10:30 AM SGT/5 AM TO 8 AM IST) VIA ZOOM ONLINE
- 3)*SOUNDARYA LAHARI (SHLOKAS 1-100) CHANTING*: 7.8.2025 (THURSDAY) 7 PM - 8:30 PM SGT/4:30 PM - 6 PM IST VIA ZOOM ONLINE
- 4)*POURNAMI LALITHA SAHASRANAMAM CHANTING*: 8.8.2025 (FRIDAY) 7 PM - 8:30 PM SGT/4:30 PM TO 6 PM IST VIA ZOOM ONLINE
- 5)*SIVARATHRI DAY CHANTING*: 21.8.2025 (THURSDAY) 7:30 AM - 8:30 AM SGT/5 AM - 6 AM ISTL VIA ZOOM ONLINE
- 6)*AMMAVASYA ABIRAMI ANDADI CHANTING*: 22.8.2025 (FRIDAY) 7 PM - 8:30 PM SGT/4:30 PM - 6 PM IST VIA ZOOM ONLINE
- 7)*MOOKA PANCHA SATHI (MPS)-(ARYA SHATHAKAM SHLOKAS, PADHARAVINDHA SHATHAKAM, STUTHI SHATHAKAM, KATAKSHA SHATHAKAM SHLOKAS) CHANTING*: 23.8.2025 (SATURDAY) 7:30 AM - 10 AM SGT/5 AM TO 7:30 AM IST VIA ZOOM ONLINE
- 8)*CHATHURTHI CHANTING*: 27.8.2025 (WEDNESDAY) 7:30 AM - 8:15 AM SGT/5 AM - 5:45 AM IST VIA ZOOM ONLINE
- 9)*SASHTI DAY CHANTING*: 29.8.2025 (FRIDAY) 7 PM - 8:30 PM SGT/4:30 PM - 6 PM IST VIA ZOOM ONLINE

JOIN ZOOM CALL

August Grantha

NARADA BHAKTI SUTRAS
SWAMI SIVANANDA
JULY 29. TUESDAY, 7:30 TO 9
PM
MEETING ID: 840 5924 4048
PASSCODE: BHAKTI
JOIN ZOOM CALL

SUBSCRIBE TO OUR CALENDAR OF EVENTS HERE:

[SUBSCRIBE](#)

TO JOIN HINDU CENTRE AS A MEMBER

[VISIT](#)

ANNUAL MEMBERSHIP \$120 PER YEAR, LIFE - \$2000 (ONE-TIME).



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TO JOIN OUR EVENTS

Email to events@hinducentre.org.sg

HELP US PROMOTE, PROTECT AND PRESERVE OUR VEDIC HERITAGE
"EVERY LITTLE BIT COUNTS"

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Volunteer with us today

HAVE ANY QUESTIONS ABOUT WORKING WITH US?

Please join us at our events, join our WhatsApp broadcast group, engage with us on social media, email us or call us !

[LET'S CHAT!](#)

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