



Hindu Centre
Jnana • Bhakti • Seva



WWW.HINDUCENTRE.ORG.SG

MARCH 2026

DEDICATED TO THE ADVANCEMENT OF SANATANA DHARMA FOR THE PAST 47 YEARS

patrika

the voice of the Hindu Centre, Singapore

NEWS @HC - PAST AND FUTURE EVENTS, HIGHLIGHTS AND NEW PROGRAMS

GANAPATHI SLOKA

MŪṢIKAVĀHANA MODAKAHASTA
CĀMARakarṇa vilambitasūtra
vāmanarūpa mahesvaraputra
vighnavināyaka pāda namaste

[LINK FOR AUDIO](#)



SALUTATIONS TO SRI VIGHNA
VINAYAKA, WHOSE VEHICLE IS THE
MOUSE AND WHO HAS THE MODAKA
IN HIS HAND, WHOSE LARGE EARS
ARE LIKE FANS AND WHO WEARS A
LONG SACRED THREAD, WHO IS
SHORT IN STATURE AND IS THE
SON OF SRI MAHESWARA (LORD
SHIVA), PROSTRATIONS AT THE
FEET OF SRI VIGHNA VINAYAKA,
THE REMOVER OF THE OBSTACLES
OF HIS DEVOTEES.

From President @HC

Namaste and Vanakkam to everyone!

The first two months of 2026 have passed so quickly even before we could take a breather from our very successful Kanda Shashti Kavacam mass chanting held at the Arya Samaj Hall on 25 January. The beautiful singing by the HC Bhajan group and the mesmerising dances by the Bhaskar's Arts Academy kept the participants enthralled for a full three hours.

Then came Mahashivarathri and the 4 kaala pujas were well-attended by bhaktas. Meanwhile K Kathirasan is running a 10-week course on Awareness, Understanding and Mastery (AUM) of our true selves.

So many things are happening at the Hindu Centre that you will always find something appealing to you. Come join us. Volunteer to help out. We are a 2nd family for many of our volunteers, always cheerful and supportive.

See you all soon!

Dr N Varaprasad
President

Meet Ravi Seethepalli

BALAGURUKULAM HEAD AND EDUCOM@HC



An HC Board member, Ravi has been at HC for the past 7 years. Ravi leads Balagurukulam, our Hinduism learning group for children and helps to organise Educom classes. Ravi is very passionate about teaching children and helping others to help children. He has been managing and directing Balagurukulam classes, also recruiting and training BG teachers, for many years now @HC. At Educom, he works with potential experts to arrange talks mostly associated with Sanatana Dharma. At work, Ravi is a Regional Manager with an MNC, loves reading both Sanatana dharma and other books, loves to pencil sketches, and participate in marathons, learn and work with new technology, with a hands-on approach.

Editor's Corner

SHIVARATRI

Shivaratri is a night we spend focused on Shiva, to receive his grace to dispel ignorance and bring light. We spend the night singing his glories, doing puja and abhishegams to him, chanting his names, singing stotrams and bhajans calling out his attributes. We listen to stories about his greatness, meditating on him, in a completely prayerful mode. Some may also fast before the prayers. We come out of our all night jagarana, stronger and at peace, armed with the strength that we have received his grace, to help us in all our endeavours. The most common legends associated with Shivaratri is the Lingodbhava legend, where he appeared to Brahma and Vishnu, coming out from the pillar of fire, showing his eternal nature. And the legend of the hunter who received punya and Shiva's grace by unknowingly showering bilva leaves on a Sivvalinga.

Come and hear the glories of sages who lived in the shadow of Thiru Annamalai, the abode of Shiva in the talk by Harini on March 14th, @HC.

CURIOUS TO KNOW????

WHAT IS YOGA?

[CLICK TO ANSWER](#)

PRAYER IS A THOUGHT, WORD OR ACTION OF DEVOTION TO ISHWARA, TO OBTAIN HIS GRACE, FOR THE FULFILLMENT OF YOUR GOALS, TO OBTAIN PUNYA AND TO EXPRESS ONE'S GRATITUDE TO BHAGAVAN FOR ALL ONE HAS BEEN GIVEN IN LIFE. IT CAN BE A PUJA, CHAANTING, BHAJANS, JAPA OR MEDITATION OR EVEN A SONG OR DANCE, ON HIS GLORY.

Shanthy Ravindran
Social Media @HC

Book Sales @Geylang Sivan Temple

THANK YOU

@Shivaratri - a big shout-out to our volunteers



March programs

[FIND OUT MORE](#)

Vedic Yoga – Weekly Tuesday – Gentle Yoga – 7:30 PM at the centre for 15+ years

Balagurukulam – Weekly – operates in 2 semesters on Sundays, closed for the school holidays

Online Chanting – Monthly – Chanting of stotams on many auspicious days including Pournami

Mitra – Weekly – Counselling service in the prisons – going on for many years now

Bandhu – Monthly – Support service for residents of senior homes like RenCi

Bhakthi – Ramanavami – 27th March, Friday, 7:30–9 PM

| Monday Yoga with Maniam | Dance Yoga with Suganthi | Transform your Health | Arunachala |
|----------------------------------|---|-----------------------|--|
| Alignment, breath and well-being | Deity inspired asanas and guided meditation on divine forms | Wellness Journey | Ramana Maharishi, Sheshadri Swamigal & Ram Surat Kumar |
| Mar 2, 2026 | 3-Mar, 10-Mar, 17-Mar, 24-Mar, 31-Mar | Mar 13, 2026 | Mar 14, 2026 |
| Mondays | Tuesdays | Friday | Saturday |
| 7-8 pm | 7:30-8:30 PM | 7-8 pm | 3:30-5 pm |
| Maniam sir | Sugandhi | Lalit M Kapoor | Harini Chari |
| \$50 pm | \$20 pm | Free | Free |

February programs

[FIND OUT MORE](#)

Thirumanthiram – Tantra 3

We started with Tantra 1 and 2 last year, and now we start with Tantra 3 which deals with Ashtanga Yoga. We read the verse and our teacher will share a simple explanation of the text, It is a complex topic explained in a simple way for us to understand and get started.

Shivaratri @HC

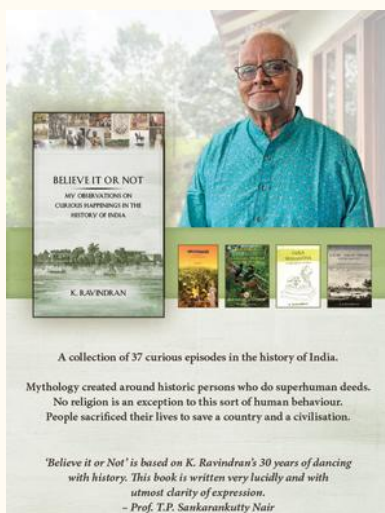
Hindu Centre hosted a four kala puja, staying up all night at Hindu Centre, with Abhisheka and Puja with Archana using the Siva Ashtothara Namavali in each kala. We chant stotrams like Lingashtakam, Bilvashtakam, Margabandhu Stotram, sing Bhajans and songs. This time, Vasandy, our Bhakti team lead also shared one of the legends of Shivaratri, and sang the heart-melting song by Papanasam Sivan 'Maname Kanamum' with Anu.



Please do join us next Shivaratri, to do your own Puja and Abhishekas, bring your own Prasad and sing bhajans and dance your favourite devotional dances @HC – a true satsanga

From our volunteer Shanthi Ravindran

ON THE LAUNCH OF HER FATHER'S BOOK 'BELIEVE IT OR NOT'



This book was launched posthumously on December 14th at Thiruvananthapuram, India, by Prince Adithya Varma, of the erstwhile Travancore Royal Family. Sri K Ravindran left behind a draft of this book when he passed away on November 4, 2024 at the age of 87 years. This was his fifth book, his interest was in ancient Tamilakam, of the Sangam Era and how people developed from then to now.

This book is about unbelievable episodes in the history of India, stories of valour, courage, bhakti and of the indomitable human spirit that created turning points in history.

For those who are interested, the book is available for a price of INR 150, at Hindu Centre, Singapore.

March Online Chanting

- 1)*POURNAMI LALITHA SAHASRANAMAM CHANTING*: 3.3.2026 (TUESDAY) 7 PM - 8:30 PM SGT/4:30 PM TO 6 PM IST VIA ZOOM ONLINE
- 2)*Sivarathri day chanting*: 17.3.2026 (Tuesday) 7:30 am - 8:30 am SGT/5 am to 6 am IST via zoom online
- 3)*Ammavasya Abirami Andadi Chanting*: 18.3.2026 (Wednesday) 7 pm - 8:30 pm SGT/4:30 pm - 6 pm IST via zoom online
- 4)*Soundarya lahari (Shlokas 1-100) chanting*: 19.3.2026 (Thursday) 7 pm - 8:30 pm SGT/4:30 pm - 6 pm IST via zoom online
- 5)*Devi Mahatmyam (Chapters 1-13) chanting*: 21.3.2026 (Saturday) 7:30 am - 10:30 am SGT/5 am to 8 am IST via zoom online
- 6)*Chathurthi Chanting*: 22.3.2026 (Sunday) 7:15 am -7:45 am SGT/4:45 am -5:15 am IST via zoom online
- 7)*Sashti day chanting*: 24.3.2026 (Tuesday) 7 pm -8:30 pm SGT/4:30 pm -6 pm IST via zoom online
- 8)*Chaitra (Vasanta) Navaratri (19th Mar 2026 till 27th Mar 2026) chanting*: 26.3.2026 (Thursday) 7 pm - 8:45 pm SGT/4:30 pm - 6:15 pm IST via zoom online
- 9)*Mooka pancha sathi (MPS)-(Arya shathakam shlokas, Padharavindha shathakam, stuthi shathakam, Kataksha shathakam, Mandasmitha shathakam shlokas) chanting*: 28.3.2026 (Saturday) 7:30 am - 10:30 am SGT/5 am to 8 am IST via zoom online

JOIN ZOOM MEETING

[HTTPS://US02WEB.ZOOM.US/J/84059244048?PWD=V3DKTLR3CMRMDINDWC84RXDYRGLDQ109](https://us02web.zoom.us/j/84059244048?pwd=V3DKTLR3CMRMDINDWC84RXDYRGLDQ109)

MEETING ID: 840 5924 4048
PASSCODE: BHAKTI

JOIN ZOOM CALL

SUBSCRIBE TO OUR CALENDAR OF EVENTS HERE:

[SUBSCRIBE](#)

TO JOIN HINDU CENTRE AS A MEMBER

[VISIT](#)

ANNUAL MEMBERSHIP \$120 PER YEAR, LIFE - \$2000 (ONE-TIME).



**TO RECEIVE NOTIFICATIONS OF FUTURE EVENTS, SAVE OUR
NEW WHATSUP @HINDU CENTRE NUMBER +65 87741320**

**AND FOLLOW OUR WHATSAPP CHANNEL
[HTTPS://SFH.SG/HCWA](https://sfh.sg/hcwa)**

AND OUR TELEGRAM CHANNEL AT [HTTPS://T.ME/HCSP](https://t.me/hcsgp)

[TELEGRAM
CHANNEL](#)

**(THIS REPLACES OUR BROADCAST WHATSAPP
AT +65 87680532 WHICH WILL BE RETIRED)**

[WHATSAP
P
CHANNEL](#)

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TO JOIN OUR EVENTS

Email to events@hinducentre.org.sg

**HELP US PROMOTE, PROTECT AND PRESERVE OUR VEDIC HERITAGE
"EVERY LITTLE BIT COUNTS"**

[DONATE](#)

Volunteer with us today

HAVE ANY QUESTIONS ABOUT WORKING WITH US?

Please join us at our events, join our WhatsApp broadcast group, engage with us on social media, email us or call us !

[LET'S CHAT!](#)

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