



Hindu Centre
Jnana • Bhakti • Seva

WWW.HINDUCENTRE.ORG.SG

JANUARY 2026

DEDICATED TO THE ADVANCEMENT OF SANATANA DHARMA FOR THE PAST 47 YEARS

patrika

the voice of the Hindu Centre, Singapore

NEWS @HC - PAST AND FUTURE EVENTS, HIGHLIGHTS AND NEW PROGRAMS

PRAYER FOR REMOVAL OF OBSTACLES

[LINK FOR AUDIO](#)

ŚUKLĀMBARADHARAMĀ VIṢṆUM
śaśivarṇam caturbhuja
prasannavadanam dhyāyet
sarvavighnopasāntaye

MAY ONE MEDITATE UPON THE
LORD, WHO WEARS THE WHITE
GARMENT, WHO IS ALL PERVASIVE,
WHO HAS A BRIGHT COMPLEXION
(LIKE THE FULL MOON), WHO HAS
FOUR HANDS (REPRESENTING ALL
POWERS), WHO HAS AN EVER-
SMILING FACE, FOR THE REMOVAL
OF ALL OBSTACLES.



From President @HC

Namaste and Vanakkam to everyone!

The past year has gone blindingly fast and it reminds me of the saying time and tide wait for no man. AND while we wish each other a Happy New Year from the comfort of our homes and sitting in front of our computers, let us also say a prayer for our brothers and sisters caught in the jaws of war and civil strife, the poor and homeless and the children without schooling.

While we indulge in the good things, also make a donation to those NGOs around the world doing their best to make the world a better place. This is the way of Dharma, to help others in whatever way we can.

Dr N Varaprasad
President

We encourage all our friends and followers to move to our new channels

To receive notifications of future events, save our new

WhatsUp @Hindu Centre number +65 87741320

And follow our Whatsapp channel <https://sfh.sg/hcwa>

Find our Telegram channel at <https://t.me/hcsgp>

This replaces our broadcast Whatsapp at +65 87680532 which will be retired)



Meet Samar Wadia

TREASURER, HINDU CENTRE

Shri Samar Wadia serves as Treasurer of Hindu Centre and is a member of our Investment Committee. He began his journey with the Centre in 2017 as a Mitra volunteer leading Hindu counselling sessions for groups of inmates in Singapore's Prisons.

Samarji is a certified trainer and executive coach focussing on the topic of Holistic Resilience and Future-Readiness for leaders of organisations. His education is in the fields of banking, finance and information technology. His education is in the fields of banking, finance and information technology. He holds a Master's Degree in Commerce and is a Certified Financial Planner and a Chartered Financial Consultant. He is also a certified yoga teacher, and regularly serves his neighbourhood residents' committee as Grassroots Leader. Samarji is very meticulous in his work at Hindu Centre, he also offers us excellent advice in various other areas like data handling and social media.

Editor's Corner

BHAJANS AND MASS CHANTING

Bhajans are traditional songs done as a group of people, in praise of the form and glories of our devatas. We sing them so that we can intentionally fix our mind on thinking of the devatas and nothing else.

Songs may be simple or advanced and may be sung with or without musical accompaniment. In the simple format, it is sung line by line by a lead singer and followed by the group in as exactly as possible, the same tempo and pace and pitch as the lead singer.

The lead singer should be able to hold the note and pitch, and should have practiced the bhajan, but it is not necessary that he / she should be a trained singer,

because the intention and the love of the devata brings a different quality to the singing and that is what we focus on. We then follow on to sing the same song at a faster pace. Advanced Sampradaya bhajans include Jayadeva Ashtapadis, Narayana Theertha songs and Guru Abhangs. In mass chanting, we all chant together with the lead singers. The spiritual benefits are multiplied by the power of the group and the feeling of being with Iswara over a long period of time, held there by the power of the music and thought is what is appealing to even young audiences.

Shanthi Ravindran
Social Media @HC

CURIOUS TO KNOW????

WHAT IS OUR PURPOSE IN LIFE?

[CLICK TO ANSWER](#)

LAST MONTH'S ANSWER:
OUR LIFE IS GOVERNED BY THE LAWS OF KARMA - ACTIONS DONE OVER SEVERAL BIRTHS. WE KEEP ADDING GOOD AND BAD KARMA THROUGH OUR THOUGHTS, SPEECH AND ACTIONS. AND WE KEEP DRAWING DOWN AND ENJOYING THE EFFECTS

Kanda Sashti Kavacam Chanting

Here are some pictures from our 2025 annual Kanda Sashti mass chanting event, where we had more than 200 people. We chant the kavacam together 6 times. This year, we will also feature dancers, dancing to the chanting. Please join us without fail, and feel the strength and power of the kavacam, the uplifting you feel from the power of chanting together, as a true satsanga.

Join us without fail on January 25th, 8:30 AM at the Arya Samaj Hall on Syed Alwi Road.

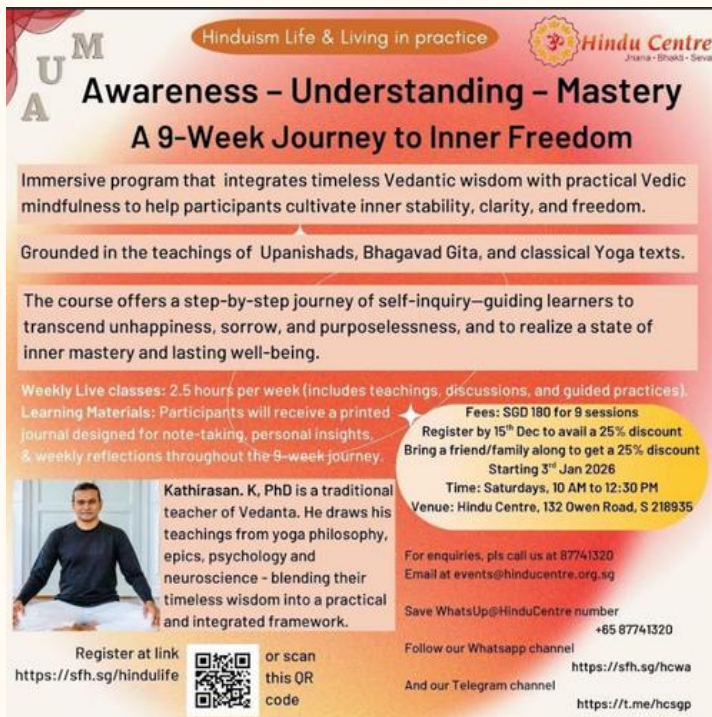


December programs

[FIND OUT MORE](#)

- Vedic Yoga - Weekly Tuesday** - Gentle Yoga - 7:30 PM at the centre for 15+ years
- Grantha - Monthly - Book club** - Read a book every month, discuss last Tuesday of the month
- Balagurukulam - Weekly** - operates in 2 semesters on Sundays, closed for the school holidays
- Online Chanting - Monthly** - Chanting of stotams on many auspicious days including Pournami
- Mitra - Weekly - Counselling service** in the prisons - going on for many years now
- Bandhu - Monthly - Support service** for residents of senior homes like RenCi

Bhakthi Celebration - Kanda Sashti Mass chanting - 8:30 AM - 12 Noon, 25th January, Saturday at Arya Samaj Hall on Syed Alwi Road (Opposite Mustafa).



Awareness - Understanding - Mastery
A 9-Week Journey to Inner Freedom

Immersive program that integrates timeless Vedantic wisdom with practical Vedic mindfulness to help participants cultivate inner stability, clarity, and freedom.

Grounded in the teachings of Upanishads, Bhagavad Gita, and classical Yoga texts.

The course offers a step-by-step journey of self-inquiry—guiding learners to transcend unhappiness, sorrow, and purposelessness, and to realize a state of inner mastery and lasting well-being.

Weekly Live classes: 2.5 hours per week (includes teachings, discussions, and guided practices).
Learning Materials: Participants will receive a printed journal designed for note-taking, personal insights, & weekly reflections throughout the 9-week journey.

Fees: SGD 180 for 9 sessions
Register by 15th Dec to avail a 25% discount
Bring a friend/family along to get a 25% discount
Starting 3rd Jan 2026
Time: Saturdays, 10 AM to 12:30 PM
Venue: Hindu Centre, 132 Owen Road, S 218935

Kathirasan, K, PhD is a traditional teacher of Vedanta. He draws his teachings from yoga philosophy, epics, psychology and neuroscience - blending their timeless wisdom into a practical and integrated framework.

For enquiries, pls call us at 87741320
Email at events@hinducentre.org.sg
Save WhatsApp@HinduCentre number +65 87741320
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And our Telegram channel <https://t.me/hcsgp>

Register at link <https://sfh.sg/hindulife> or scan this QR code

Class not to be missed!

Kathirji is a very experienced teacher who provides deep knowledge in a very easily understandable, relatable and usable way.

Many of us have attended his classes at Hindu Centre when he taught us 10 years ago and still remember his classes and teachings.

He keeps his classes very interactive and engaging and open, so that we can ask all our questions and get our answers in the class.

I still remember his answer when he told us - Ramayana is the first text that we should read, asking the question - what should we read next? His answer.... Read the Ramayana again!

Event on 1st January - 4 pm @ Hindu Centre

Chanting of Tantra 2 of Thirumantiram, we are starting online chanting class of Tantra 2 in 2026.

Another Class not to be missed!

Manusmriti is a much maligned text. But in the process, let us not miss out on the very valuable guidance that it gives us.

We are happy to have Nitin Sridhar, well known author and Director of Indica, who wrote an Amazon bestseller on this topic, himself speak to us online on this topic.

Come to the session ready to ask all the questions that come to your mind.



Online via Zoom

Manusmriti
Don't cancel it, Let's revisit it!

Manusmriti is probably the most maligned Hindu scripture and often cited to reinforce caste and gender stereotypes. The truth is that the text provides meaningful insights into ethics, law, philosophy, ritual and social order.

So let us pause before passing a judgement. In this unique talk, Nitin will explain what kind of text Manusmriti is and its relevance in modern times.

Nitin Sridhar has written a commentary on the opening verses of Manusmriti in his book "Chatuh Shloki Manusmriti". The book is a bestseller on Amazon, available in Singapore and India.

FREE SESSION - ONLINE
Date: January 17, 2026 (Saturday)
Time: 4-5:30 PM (SGT), 1:30-3 PM (IST)
ZOOM Link will be available upon registration

Practicing Hindu, Author and Speaker. Nitin Sridhar is the Director of INDICA Center for Moksha Studies, has written 7 books on Hinduism, including Samanya Dharma, Isopanishad, Menstruation across cultures - historical perspective etc

For enquiries, pls call us at 87741320 or email us at events@hinducentre.org.sg
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And follow our Whatsapp channel <https://sfh.sg/hcwa>
And our Telegram channel at <https://t.me/hcsgp>

Register at link <https://sfh.sg/hcalive> or scan this QR code



December programs

[FIND OUT MORE](#)

Dec 13 - Mudras - Deva Hastas

Our classes on the performing arts are intended for people who have not learnt dancing, but wish to understand the basics and can practice it with understanding.

Our class on mudras explained how we indicate our various devatas using hand mudras, like the Dhayana sloka of every stotram brings the devata's form into your mind. We plan to use this in our Taranga bhajans.



Dec 30 - Vaikunta Ekadasi

Hindu Centre held puja and prayers all night long, including our popular Bhajans by Gita Reading society and chanting of many stotrams like Gita Dhyanam & Venkatesa Suprabatham.



Felicitations to Dr Prasad and Chitra!

ON THEIR FIFTIETH WEDDING ANNIVERSARY



We wish our dear President Dr Prasad and Chitra a long life together, filled with health and happiness.

They celebrated their 50th Wedding anniversary on November 9th, 2025, in a function held at Sri Srinivasa Perumal temple with family and friends, with a homam for their well-being.

Dr Prasad is a visionary President at Hindu Centre, who has always been supportive of new ideas and you can see many implemented at Hindu Centre by the volunteers.

Chitra has been a Hinduism teacher for many years, helps us to run unique classes like the Naivedyam class and is always there at our Bhakti celebrations.

December Online Chanting

- 1)*MARGALI CHANTING BY OURSELVES* - :16.12.2025 TUESDAY TILL
14.01.2026 WEDNESDAY
- 2)*THIRUMANDIRAM TANTRA 2 CHANTING*: 1.1.2025 (THURSDAY) 4
PM - 5:30 PM AT HC
- 3)*POURNAMI LALITHA SAHASRANAMAM CHANTING*: 3.1.2026
(SATURDAY) 7 PM - 8:30 PM SGT/4:30 PM TO 6 PM IST VIA ZOOM
ONLINE
- 4)*SOUNDARYA LAHARI (SHLOKAS 1-100) CHANTING*: 8.1.2026
(THURSDAY) 7 PM - 8:30 PM SGT/4:30 PM - 6 PM IST VIA ZOOM
ONLINE
- 5)*DEVI MAHATMYAM (CHAPTERS 1-13) CHANTING*: 10.1.2026
(SATURDAY) 7:30 AM - 10:30 AM SGT/5 AM TO 8 AM IST VIA ZOOM
ONLINE
- 6)*SIVARATHRI DAY CHANTING*: 17.1.2026 (SATURDAY) 7:30 AM -
8:30 AM SGT/5 AM TO 6 AM IST VIA ZOOM ONLINE
- 7)*AMMAVASYA ABIRAMI ANDADI CHANTING*: 18.1.2026 (SUNDAY)
7 PM - 8:30 PM SGT/4:30 PM - 6 PM IST VIA ZOOM ONLINE
- 8)*CHATHURTHI CHANTING*: 22.1.2026 (THURSDAY) 7:30 AM -8:15
AM SGT/5 AM -5:45 AM IST VIA ZOOM ONLINE
- 9)*SASHTI DAY CHANTING:* 24.1.2026 (SATURDAY) 7 PM -8:30 PM
SGT/4:30 PM -6 PM IST VIA ZOOM ONLINE
- 10)*MAGHA GUPT (SHYAMALA) NAVARATRI PRAYERS*: 26.1.2026
(MONDAY) 7 PM - 8:45 PM SGT/4:30 PM - 6:15 PM IST VIA ZOOM
ONLINE
- 11)*MOOKA PANCHA SATHI (MPS)-(ARYA SHATHAKAM SHLOKAS,
PADHARAVINDHA SHATHAKAM, STUTHI SHATHAKAM, KATAKSHA
SHATHAKAM, MANDASMITHA SHATHAKAM SHLOKAS) CHANTING*:
31.1.2026 (SATURDAY) 7:30 AM - 10:30 AM SGT/5 AM TO 8 AM IST
VIA ZOOM ONLINE

JOIN ZOOM CALL

SUBSCRIBE TO OUR CALENDAR OF EVENTS HERE:

[SUBSCRIBE](#)

TO JOIN HINDU CENTRE AS A MEMBER

[VISIT](#)

ANNUAL MEMBERSHIP \$120 PER YEAR, LIFE - \$2000 (ONE-TIME).



**TO RECEIVE NOTIFICATIONS OF FUTURE EVENTS, SAVE OUR
NEW WHATSUP @HINDU CENTRE NUMBER +65 87741320**

**AND FOLLOW OUR WHATSAPP CHANNEL
[HTTPS://SFH.SG/HCWA](https://sfh.sg/hcwa)**

AND OUR TELEGRAM CHANNEL AT [HTTPS://T.ME/HCSP](https://t.me/hcsgp)

[TELEGRAM
CHANNEL](#)

**(THIS REPLACES OUR BROADCAST WHATSAPP
AT +65 87680532 WHICH WILL BE RETIRED)**

[WHATSAP
P
CHANNEL](#)

[HINDU CENTRE YOUTUBE CHANNEL](#)

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TO JOIN OUR EVENTS

Email to events@hinducentre.org.sg

**HELP US PROMOTE, PROTECT AND PRESERVE OUR VEDIC HERITAGE
"EVERY LITTLE BIT COUNTS"**

[DONATE](#)

Volunteer with us today

HAVE ANY QUESTIONS ABOUT WORKING WITH US?

Please join us at our events, join our WhatsApp broadcast group, engage with us on social media, email us or call us !

[LET'S CHAT!](#)

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