



DEDICATED TO THE ADVANCEMENT OF SANATANA DHARMA FOR THE PAST 47 YEARS

# patrika

*the voice of the Hindu Centre, Singapore*

NEWS @HC - PAST AND FUTURE EVENTS, HIGHLIGHTS AND NEW PROGRAMS

## KANDA SASHTI KAVACAM

[LINK FOR AUDIO](#)

THUTHIPORKKU VAL VINAI  
POM, THUNBAM POM  
NENJIL PATHIPORKKU  
SELVAM PALITHU  
KADITHONGUM  
NISHTAYUM KAIKODUM  
NIMALAR ARUL KANTHAR  
SASHTI KAVACHAM THANAI

THE SUFFERINGS GREAT  
WILL VANISH FOR THOSE  
WHO PRAY,  
THE RICHES WILL INCREASE  
FOR THOSE WHO PASTE IT  
IN THEIR MIND,  
ALL PENANCE WILL SURELY  
BEAR FRUIT,  
BY THIS SASHTI KAVACHAM  
WRITTEN BY THE GRACE OF  
GOD.



Namaste and Vanakkam to everyone!

Thaipusam is celebrated in Singapore, Malaysia, Sri Lanka and places like Mauritius with the carrying of milk pots and kavadis in devotion to Lord Muruga. It is said that on the full moon of day of the month of Thai, Goddess Parvati gave Lord Muruga the Vel (divine spear) to defeat the demon Soorapadman.

The Vel represents clarity, wisdom, and the destruction of inner negativity. The day is marked with spiritual discipline and the fulfilment of vows. It is especially meaningful in Singapore, where thousands of devotees walk the annual procession from the Sri Srinivasa Perumal Temple in Serangoon Road to the Murugan Temple in Tank Road as an act of devotion. Whole families will walk together, carrying their paal kudams and supporting the kavadi carriers. In Singapore and Malaysia, many Chinese also participate in this show of penance and devotion.

Hindu Centre prepares for this event by chanting the Kanda Shashti Kavacham 7 times with dance and music. The month of Thai is traditionally associated with new beginnings (“Thai Pirandhal Vazhi Pirakkum”). Thaipusam embodies this spirit of renewal, offering devotees a chance to reset spiritually and emotionally.

May all of you be blessed with Lord Muruga’s grace.

Dr N Varaprasad  
President

## Meet Devanand Ramasandra

### YOUTH WING HEAD, HINDU CENTRE



At HC, Deva explores innovative ways to connect with Hindu youth and in nurturing a kind, devoted and knowledgeable Yuvashakti team that inspires positive living within the community. Deva started at HC in 1998 as a youth volunteer and actively involved himself in camps, workshops & seminars, while deepening his understanding of Hinduism through classes. Deva provided faith-based counselling to Hindu residents at Singapore Boys’ Home, which strengthened his commitment to youth and community service.

A lifelong learner, he completed the Centre’s two-year Teachers’ Training Programme, earning a Diploma in Hinduism Studies, and has since conducted Hinduism classes for the public as well as the annual Thaipusam Workshop. In 2003, Deva took on the role of Chairperson of Yuvasakthi and initiated meaningful projects such as Project Daya, launched in conjunction with Thaipusam to encourage devotees to donate milk packets to children’s homes. Professionally, Deva is a strategic planner at a non-profit organisation, and creatively, he is a music composer who has released several music albums and worked as a music director for a few films in India.

# Editor's Corner

## KANDHA SASHTI KAVACAM CHANTING

Kanda Sashti Kavacam is a prayer that is an armour of protection for the devotees of Muruga. It calls for help from the splendid and all-powerful Muruga to keep us safe all ills and diseases of the body and mind, against all evils in this world that can affect us and to achieve what we need. The prayer ends in a total surrender to Muruga. This is a prayer worth working into our daily lives and is in simple Tamil, sung in a simple tune, not difficult to learn.

Sharing some pictures from our mass chanting event which includes also a dance segment on Kanda Sashti by Bhaskar Arts Academy artists.



**CURIOUS TO KNOW????**

**WHY DO WE PRAY?**

[CLICK TO ANSWER](#)

**OUR PURPOSE IS TO LIVE A PRAYERFUL LIFE GOVERNED BY DHARMIC VALUES AND ACTIONS, AS DEFINED IN OUR SCRIPTURES, FULFILLING OUR DUTIES IN LIFE AS PER OUR SWADHARMA IN ROLES SUCH AS STUDENT, HOUSEHOLDER OR SEEKER OR SANYASI, AND PROGRESS TOWARDS REALISING OUR SELF AND ISWARA.**

*Shanthi Ravindran  
Social Media @HC*

# Welcome to Ms Sarojini Padmanabhan



## Chief Executive, HEB

Hindu Centre welcomes Ms Sarojini Padmanabhan as the next Chief Executive of HEB. We work closely with HEB and the Hindu Advisory Board (HAB) on several projects and we hope this close relationship will be reinforced and strengthened.

Welcome Sarojini to the fold!



# December programs

[FIND OUT MORE](#)

- Vedic Yoga - Weekly Tuesday** - Gentle Yoga - 7:30 PM at the centre for 15+ years
- Grantha - Monthly - Book club** - Read a book every month, discuss last Tuesday of the month
- Balagurukulam - Weekly** - operates in 2 semesters on Sundays, closed for the school holidays
- Online Chanting - Monthly** - Chanting of stotams on many auspicious days including Pournami
- Mitra - Weekly - Counselling service** in the prisons - going on for many years now
- Bandhu - Monthly - Support service** for residents of senior homes like RenCi

## Bhakthi Celebration - Sivaratri - 15th Feb, 7 pm - 5 am



### MAHA SHIVARATRI

You are warmly invited to experience the divine essence of Shivaratri— a sacred night honoring Lord Shiva's cosmic dance of creation and destruction. Join us for an enriching evening of spiritual devotion, sacred rituals, soulful religious performances and an insightful discussions that deepens understanding and reverence.



**Date:** 15 Feb 2026 Sunday  
**Place:** Hindu Centre 132 Owen Road S 218935 (Farrer Park MRT Exit D)

Don't miss this opportunity to celebrate the cosmic union of Shiva and Shakti and bask in the divine radiance of Lord Shiva on the auspicious occasion of Shivaratri!

Donations of prasadam, milk, fruits, and other offerings are welcome. Join us in doing abhishegam with chants and songs.

**Time:** 7pm to 5am (4 kaala puja)  
1st Kaala : 730pm  
2nd Kaala: 1100pm  
3rd Kaala: 200am  
4th Kaala: 400am  
Abhishegam and 16 step puja will be performed at all Kaalas

Donations of prasadam, milk, fruits, and other offerings are welcome. Join us in doing abhishegam with chants and songs.



Kindly register early at this link: <https://sfh.sg/hcbhakti>  
OR scan the QR code



### Thirumanthiram Tantra 3

Class runs for 6 months from Feb 23 to July

Don't miss this class!

Tantra 3 teaches Ashtanga Yoga

Brought to you via Zoom

You can attend this 6 month class from the convenience of your home!

Online via Zoom


## Tirumanthiram திருமந்திரம்

A rare opportunity to learn online



**Volunteer Teacher:** Aruna Subramanian, happy and interested to share this divine knowledge



The great Shaiva-Tantra-Yoga text composed by Saint Tirumoolar. Starting Tantra Three - a very interesting section about the Eight limbs of Yoga, benefits of practising Ashtanga Yoga and the way to attain Sidhis or supernatural powers.

Chanting and simple meaning of the verses will be taught in the session. Each Tantra can be learnt separately. The first and second Tantra has already been completed and students can clarify from the teacher separately.

Register at the this link <https://sfh.sg/hcpreview>  
Or scan this QR code



Classes taught in Tamil  
Weekly on Mondays, from Feb to July  
Starting on Feb 23, 2026  
Time: 9 PM - 10 PM SGT  
Total Fees: 25 SGD

For enquiries, pls call us at 87741320 or email us at [events@hinducentre.org.sg](mailto:events@hinducentre.org.sg)  
To receive notifications of future events, save our new WhatsApp @Hindu Centre number +65 87741320  
And follow our Whatsapp channel <https://sfh.sg/hcwa>  
And our Telegram channel at <https://t.me/hcsgp>

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## January programs

[FIND OUT MORE](#)



### **Awareness, Understanding, Mastery By K Kathirasan started on 3rd January**

This is a unique series of 9 sessions by our experienced teacher K. Kathirasan, who has been studying and teaching Vedanta and mindfulness for more than 2 decades now. With crystal clear understanding of the topic, he leads the students skillfully through this complex topic, using a combination of exercises, discussions and teachings, using a variety of texts including some rarely discussed verses. He gives the students a variety of tools including meditations, prayers and much more. We hope to bring many more experiential classes like this in the m so stay tuned!

### **Harikatha - Meenakshi Kalyanam and Valli Kalyanam - By Smt U.E, Sindhuja - 9,11 Jan**

In the Tamil month of Thai with is full of weddings and so was HC with divine weddings, With unique information with verses from Soundaryalahari, rare facts on Meenakshi in Madurai, why Meenakshi has a bird with her etc On Valli Kalyanam - How Muruga ttained Valli, How it is possible to have Bhakti like that in the modern world? With the life of Mariappa Swamigal, Kripananda Variyar and much more!



## Felicitations to dear Sada

**AS HE TURNED 70 ON 24 DEC 2025 AND MOVES INTO HIS NEXT PHASE OF LIFE**



We offer our best wishes to K. Sadashiv, fondly known as Sada and his wife Nandini, for a healthy, happy and active future, lively and purposeful, spent on everything interesting to them! A former VP @HC, Sada has been a committed volunteer with HC, giving his time, energy, and intellect with quiet consistency for the past 13 years. A lifelong student at heart, he has studied the Bhagavad Gita and learnt to chant the Rudram. Sada has served as a HC teacher, guiding others clearly and with a sense of purpose. Sada is also a volunteer with the Mitra program at Changi Prison, where he goes consistently every Saturday, Professionally, Sada retired as a Partner from Ernst & Young, and is now teaching and consulting and spends time on travelling, remaining active and spending time with his granddaughter.

# February Online Chanting

- 1)\*POURNAMI LALITHA SAHASRANAMAM CHANTING\*: 1.2.2026 (SUNDAY) 7 PM - 8:30 PM SGT/4:30 PM TO 6 PM IST VIA ZOOM ONLINE
- 2)\*Soundarya lahari (Shlokas 1-100) chanting\*: 5.2.2026 (Thursday) 7 pm - 8:30 pm SGT/4:30 pm - 6 pm IST via zoom online
- 3)\*Sivarathri day chanting\*: 15.2.2026 (Sunday) 7:30 am - 8:30 am SGT/5 am to 6 am IST via zoom online
- 4)\*Ammavasya Abirami Andadi Chanting\*: 17.2.2026 (Tuesday) 7 pm - 8:30 pm SGT/4:30 pm - 6 pm IST via zoom online
- 5)\*Chathurthi Chanting\*: 21.2.2026 (Saturday) 6:45 am - 7:15 am SGT/4:15 am - 4:45 am IST via zoom online
- 6)\*Devi Mahatmyam (Chapters 1-13) chanting\*: 21.2.2026 (Saturday) 7:30 am - 10:30 am SGT/5 am to 8 am IST via zoom online
- 7)\*Sashti day chanting\*: 22.2.2026 (Sunday) 7 pm - 8:30 pm SGT/4:30 pm - 6 pm IST via zoom online
- 8)\*Mooka pancha sathi (MPS)-(Arya shathakam shlokas, Padharavindha shathakam, stuthi shathakam, Kataksha shathakam, Mandasmitha shathakam shlokas) chanting\*: 28.2.2026 (Saturday) 7:30 am - 10:30 am SGT/5 am to 8 am IST via zoom online

**\*ZOOM MEETING DETAILS:\***

**JOIN ZOOM MEETING**

[HTTPS://US02WEB.ZOOM.US/J/84059244048?PWD=V3DKTLR3CMRMDINDWC84RXDYRGLDQT09](https://us02web.zoom.us/j/84059244048?pwd=V3DKTLR3CMRMDINDWC84RXDYRGLDQT09)

**MEETING ID: 840 5924 4048**

**PASSCODE: BHAKTI**

**JOIN ZOOM CALL**

**SUBSCRIBE TO OUR CALENDAR OF EVENTS HERE:**

[SUBSCRIBE](#)

**TO JOIN HINDU CENTRE AS A MEMBER**

[VISIT](#)

**ANNUAL MEMBERSHIP \$120 PER YEAR, LIFE - \$2000 (ONE-TIME).**



**TO RECEIVE NOTIFICATIONS OF FUTURE EVENTS, SAVE OUR NEW WHATSUP @HINDU CENTRE NUMBER +65 87741320**

**AND FOLLOW OUR WHATSAPP CHANNEL  
[HTTPS://SFH.SG/HCWA](https://sfh.sg/hcwa)**

**AND OUR TELEGRAM CHANNEL AT [HTTPS://T.ME/HCSGP](https://t.me/hcsgp)**

[TELEGRAM CHANNEL](#)

**(THIS REPLACES OUR BROADCAST WHATSAPP AT +65 87680532 WHICH WILL BE RETIRED)**

[WHATSAPP CHANNEL](#)

[HINDU CENTRE YOUTUBE CHANNEL](#)

**SUBSCRIBE**

**TO JOIN OUR EVENTS**

Email to [events@hinducentre.org.sg](mailto:events@hinducentre.org.sg)

**HELP US PROMOTE, PROTECT AND PRESERVE OUR VEDIC HERITAGE  
"EVERY LITTLE BIT COUNTS"**

[DONATE](#)

**Volunteer with us today**

**HAVE ANY QUESTIONS ABOUT WORKING WITH US?**

Please join us at our events, join our WhatsApp broadcast group, engage with us on social media, email us or call us !

[LET'S CHAT!](#)

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