



**Hindu Centre**  
Jnana • Bhakti • Seva

[WWW.HINDUCENTRE.ORG.SG](http://WWW.HINDUCENTRE.ORG.SG)

SEPTEMBER 2025

FOR THE ADVANCEMENT OF SANATANA DHARMA FOR THE PAST 47 YEARS

# patrika

*the voice of the Hindu Centre, Singapore*

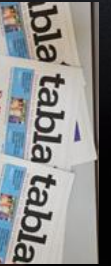
NEWS @HC - PAST AND FUTURE EVENTS, HIGHLIGHTS AND NEW PROGRAMS



## PRAYER FOR STRENGTH AND COURAGE

BUDDHIR BALAM YASHO DHAIRYAM  
NIRBHAYATVAM AROGATAAM  
AJAADDYAM VAAK PATTUTVAM CA  
HANUMAT SMARANNAAT BHAVET ||

[CLICK TO READ IN TABLA](#)



[CLICK TO LISTEN](#)

INTELLIGENCE, STRENGTH, FAME,  
COURAGE, Fearlessness,  
Skillfulness in Speech, be Free of  
Disease, be Free of Laziness .  
obtain all this from the  
contemplation on Hanuman.



# From President @HC

Namaste and Namaskaram,

We just had our Rakshabandhan celebration at PGP Hall on 24th August. Rakshabandhan carries a message of community spirit, -the bond of love and prayer of protection between brothers and sisters, invoked by tying a rakhee, that is valid between all of us too.

A rakhi is also a spiritual connection pledging to use our implicit purity to protect us against adharmic thoughts, words and deeds.

Rakshabandhan, celebrated on Shraavan Poornima day, is a spiritual reaffirmation, of friendship and of unity across countries, races and religions.

Universal brotherhood and sisterhood - Vasudhaiva Kutumbakam.

We all share this earth and are inter-connected by this thread, so let the spirit of Rakshabandhan shine through!

Dr N Varaprasad  
President

**CALLING FOR VOLUNTEERS - PLEASE REGISTER YOUR INTEREST AT [HTTPS://SFH.SG/HCVOLUNTEER](https://sfh.sg/hcvolunteer) FOR A BRIEFING ON A ZOOM CALL AT 8 PM ON SEP 3RD, WEDNESDAY.**

**TO BECOME A VOLUNTEER**

## Meet Medha Kudaisya

**HEAD OF RESEARCH AND PUBLICATIONS @HC**

Medhaji has been volunteering and contributing to Omkara a nual magazine for many years. Now she heads our Research and Publications team which produces our Omkara magazine and our books like Hindusim 108, Ramayana 108, Krishna 108 and more recently our book on Hindu Parenting, as a contributor, editor and publisher. Medhaji patiently coordinates with various contributors to put together these publications. An academic at heart, we have all learned a lot from her.



# Editor's Corner

## HINDU CENTRE DANCE GROUP - TARANGA

**Taranga has made dance into a movement at Hindu Centre.** We now include a bit of devotional dance in everything we do @HC. in Thailand, dancers standby by at the Iswara temple to perform dances for the lord on behalf of devotees. For Navaratri we always have Bharatanatyam, Kathak, Kolattam performances. What if we learn to do it ourselves? Simple movements come easier when you are immersed in Bhakti.

Just like singing, it occupies all our senses in devotion to the Lord, makes us forget ourselves and engrosses us in Laya, focused only on our devotion. We also perform movements while seated for bhajans, bringing all the forms of Ishwara into our minds. Bhajans and slokas like Radhey Govinda, Vakratunda, Ganapati Ganapati, Atmarama, Chandrachooda lend themselves easily to this type of movement.



We have performed many types of devotional dances - Garba, Bhangra and Thiruvathirakkali - and offered classes to children and adults. We dance at our events and celebrations, starting with the Thiruvathirakkali at our volunteer meet in 2023. We performed Kathak movements to our Bhoomi mangalam song in Rakshabandhan 2024 and this year a Thiruvathirakkali dance. Please let us know if you would like to join us in dance team Taranga!

VOLUNTEER

Shanthy Ravindran  
Social Media @HC

CURIOUS TO KNOW????

WHAT ARE THE PRIMARY SCRIPTURES FOR HINDUS?

[CLICK TO ANSWER](#)

LAST MONTH'S ANSWER:  
IS HINDUISM FATALISTIC?

NOT AT ALL. OUR LIFE IS GOVERNED BY THE LAWS OF KARMA - ACTIONS DONE OVER SEVERAL BIRTHS. WE CAN NEUTRALISE THE EFFECTS OF BAD KARMA BY DOING MORE GOOD KARMA AND BY ISHWARA'S GRACE. WE CAN RECEIVE ISHWARA'S GRACE BY PERFORMING NITYA KARMA, NAIMITTIKA AND KAMYA KARMAS

# September programs

[FIND OUT MORE](#)

**Vedic Yoga - Weekly Tuesday** - Gentle Yoga - 7:30 PM at the centre, ongoing for past for 15+ years  
**Grantha - Monthly - Book club** - Read a book every month, discuss last Tuesday of the month  
**Balagurukulam - Weekly** - operates in 2 semesters on Sundays, closed for the school holidays  
**Online Chanting - Monthly** - Chanting of stotrams on many auspicious days including Pournami  
**Thirumanthiram online class** - Every Monday 9PM - 10 PM for 6 months  
**Mitra - Weekly - Counselling service** in the prisons - going on for many years now  
**Bandhu - Monthly - Support service** for residents of senior homes like RenCi Home

Jnana	Jnana	Jnana	Bhakti	Seva
<b>Pustaka</b>	<b>What comes after death?</b>	<b>Dance with Yoga</b>	<b>Navarathri</b>	<b>Purattasi Book sales</b>
<b>40 steps to Liberation Commentary on Adi Sankara's Sadhana Panchakam</b>	<b>What do you do when faced with death? Sharing Knowledge Life-skills Interactive</b>	<b>Yoga in dance Dance with yoga Yogic stance of our gods and goddesses</b>	<b>Navarathri puja and performances Hindu Centre Puja on 22-Sep and 2-Oct</b>	<b>Books for children and adults, Tamil and English, T shirts, accessories</b>
<b>6-Sep</b>	<b>13-Sep</b>	<b>23-Sep</b>	<b>22-Sep to 2-Oct</b>	<b>20-Sep, 27-Sep</b>
<b>Sat</b>	<b>Sat</b>	<b>Tue</b>	<b>Every day</b>	<b>Sat</b>
<b>4-6 PM</b>	<b>3-5 PM</b>	<b>7:30-8:30 PM</b>	<b>Look out for flyer</b>	<b>6AM-1PM 6PM-9PM</b>
<b>K Kathirasan Author</b>	<b>S Anuradha Shanthi Ravindran</b>	<b>Suganthi</b>	<b>@ HC</b>	<b>@ Sri Srinivasa Perumal Temple</b>
<b>Free</b>	<b>\$10</b>	<b>Free</b>		
<b><a href="https://sfh.sg/hcpustaka">https://sfh.sg/hcpustaka</a></b>	<b><a href="https://sfh.sg/hindulife">https://sfh.sg/hindulife</a></b>	<b><a href="https://sfh.sg/hcseeds">https://sfh.sg/hcseeds</a></b>		

# Rakshabandhan 2025

[CLICK TO READ IN TABLA](#)

Hindu Centre's community event Raksha Bandhan, conducted together with Madhya Pradesh Cultural Association (MCA), was a joyous occasion yesterday, conducted in the true spirit of Vasudeva Kudumbam - togetherness and unity.

Tying the raksha to bring our intrinsic purity to help to protect us against doing adharmic deeds, as Dr Varaprasad, President, Hindu Centre said.

We thank Minister of State (MCCY), Mr Dinesh Vasu Dash and Dr Hamid Razak, MP for gracing the occasion as guests of honour.

As Minister of State Mr Dinesh Vasu Dash said, this Rakshabandhan spirit is synonymous with Singapore, like the interwoven designs of batik.

We were privileged to give lifetime achievement awards to Ambassador K Kesavapany, Mr Sat Pal Khattar and Mr Sandeep Kothari for their great contributions to the people of Singapore.

The children's excitement in the Art and rakhi-making competitions made us all happy too!

We thank the artists and groups who put out the cultural fest for us to engross ourselves in devotion - dances calling to Krishna and Shiva, to a pallavi and raga and to nature, celebrating our cultural traditions linked to Bhakti.

Hindu Centre dance group Taranga presented a Thiruvathira dance, which painted a picture of Parvati Devi, her longing for Lord Shiva and how she became one with him.

Here is a selection of pictures from the colourful function, enjoy, and do join us next year too!

Hindu Centre will conduct this along with Vishwa Chetana Society next year.





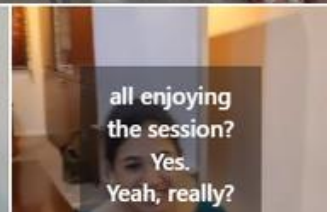
[FIND OUT MORE](#)

# August Events



**August 13th & 20th - class on Bajrang Baan,** great session! You can still join for the second class only, please come in and let the teacher know. Mythiliji explained how when the transit of Mars happens there is a lot of chaos in one's life and world and prayer to Hanumanji helps. This prayer is particularly effective as it asks Hanuman ji to come fast and help one!

**August 17th was the third run of our wildly popular Modhakam making class,** many families attended, it was a really joyful occasion. Our teachers Renu, Vasandy and Anu taught 3 types of Modhagams - a fusion bandung one and the sweet peanut filling and uzhundu kozhukkottai! Please looks out for next class next year just before Ganesa Chaturthi!





[FIND OUT MORE](#)

# Hanuman Chalisa

At our Hanuman Chalisa event on 2nd August, Bhaktas of the great Bhakta Hanumanji all gathered together to chant Hanuman Chalisa 30+ times and the Hanuman Sankata Nashana stotram at the end, with great fervor and devotion.

Devotees brought flowers, fruits and prasadam and a vadamala for our Hanumanji! a true Satsanga!

Once again our hall echoed to the chants of Hanuman Chalisa, which the devotees chanted for the benefit of everyone.

Please see the pictures and videos of the happy bhaktas at the function.

We thank the groups who chanted:

1. Vishwa Chethana Group
2. Dakshina Bharatha Brahmana Sabha, Singapore
3. Hindu Centre Volunteer group
4. Our regular volunteer on the Mridangam Sri Sankar Narayan

Our senior participant Lakshmanji and many young devotees were there too and our own HC volunteers!

We thank one and all for making this function vibrant and beneficial to all! Please do join us next year and make the event even more special for everyone!





# Ganesha Chaturthi

[FIND OUT MORE](#)

Our Ganesha Chaturthi celebration on August 27th was well attended and featured many new types of offering to Lord Ganesha. In addition to the regular Puja, chanting and Bhajans we also included - a Modhaka Archana, with modhakams brought by devotees, a Taranga seated Bhajan with action by Vasandy, and a Kathak dance on Ganesha by Gunjan and Nikku of the @Ghungrookatha dance academy. All these enhanced the level of Laya for all involved in the Puja and kept us totally engrossed in devotion of Ganesha. We had run a Modhakam making class just before, we hope everyone benefited and were able to make Ganesha his favourite Modhakams.



## Thanks to Sri Vidya, Prabha and Aarush

**BOOK SALES AND BHAKTI VOLUNTEER**



Sri is unique at Hindu Centre because she volunteers as a family!. Along with her husband Prabha and son Aarush, she has volunteered at Hindu Centre for more than 10 years. She has been at every book sales in these years, coming to help us without fail and staying almost throughout the day. She also helps at Navaratri. with Prabha to setup the kola. Sri is a fashion designer and expert at all handwork. She sells very charming accessories at our sales including our HC Mela. She as taught a class on how to make a Ganesha using paper quilling and how to make beautiful garlands the easy way. She loves to share her craft @HC and we love to have her around, always smiling. Here she is, with Arush, winning the Rakhee making competition at the Rakshabandhan.



## Bandhu visit

**August 30th** - Bandhu team volunteers had the joy of assisting Twinkle Heart Org in bringing Hindu residents from Ren Ci Nursing Home (Ang Mo Kio) for temple visit to Sri Veeramakaliamman Temple. The residents were very pleased with the darshan and afterwards enjoyed a hearty South Indian breakfast in Little India, a welcome change from their usual breakfast, with treats like thosai, idly & poori. For the past 2 years Bandhu has been supporting Twinkle Hearts in this seva & today once again the team felt truly blessed and grateful to be of service to the community.



## Book Sales @HC

### 27th August @Sri Layan Siddhi Vinayagar Temple

Hindu Centre has been selling books for many more than 15 years now. It was run by our dear volunteer Ravethy who passed away and now by Anuradha, who curates the books and brings them to us where they are most accessible, at the temple festivals and at Hindu Centre, at our festivals and melas.

Our main sales are at Sivaratri at Geylang Sri Sivan temple, Vinayaka Chaturthi at Layan Siddhi Vinayagar temple and Purattasi at Sri Srinivasa Perumal temple.

We sell various types of books - both Tamil and English - books for adults on basic Hinduism, Vedanta, contemporary books and children's books - Amar Chitra books, colouring books and more.

We also sell T-shirts with Hindu motifs and accessories. We thank the management at the temples for giving us space and time. If you'd like to volunteer, to sell the books at the book sales, please let us know, it is very fulfilling nowadays to see people buy books to read.



VOLUNTEER

## September Online Chanting

- 1)\***SOUNDARYA LAHARI (SHLOKAS 1-100) CHANTING\***: 4.9.2025 (THURSDAY) 7 PM - 8:30 PM SGT/4:30 PM - 6 PM IST VIA ZOOM ONLINE
- 2)\***POURNAMI LALITHA SAHASRANAMAM CHANTING\***: 7.9.2025 (SUNDAY) 7 PM - 8:30 PM SGT/4:30 PM TO 6 PM IST VIA ZOOM ONLINE
- 3)\***MOOKA PANCH SATHI (MPS)-(ARYA SHATHAKAM SHLOKAS, PADHARAVINDHA SHATHAKAM, STUTHI SHATHAKAM, KATAKSHA SHATHAKAM SHLOKAS) CHANTING\***: 13.9.2025 (SATURDAY) 7:30 AM - 10 AM SGT/5 AM TO 7:30 AM IST VIA ZOOM ONLINE
- 4)\***SIVARATHRI DAY THIRUVASAGAM MUTRODHAL CHANTING\***: 20.9.2025 (SATURDAY) 6:30 AM - 12 NOON SGT/4 AM - 9:30 AM IST VIA ZOOM ONLINE
- 5)\***AMMAVASYA ABIRAMI ANDADI CHANTING\***: 21.9.2025 (SUNDAY) 7 PM - 8:30 PM SGT/4:30 PM - 6 PM IST VIA ZOOM ONLINE
- 6)\***CHATHURTHI CHANTING\***: 25.9.2025 (THURSDAY) 7:30 AM -8:15 AM SGT/5 AM - 5:45 AM IST VIA ZOOM ONLINE
- 7)\***DEVI MAHATMYAM (CHAPTERS 1-13) CHANTING\***: 28.9.2025 (SUNDAY) AT HC
- 8)\***SASHTI DAY CHANTING\***: 28.9.2025 (SUNDAY) 7 PM -8:30 PM SGT/4:30 PM -6 PM IST VIA ZOOM ONLINE
- 9)\***SHARADHA NAVARATRI CHANTING\***: 30.9.2025 (TUESDAY) 7 PM - 8:45 PM SGT/4:30 PM TO 6:15 PM IST VIA ZOOM ONLINE

JOIN ZOOM CALL

## September Grantha

HINDU SAMSKARAS  
RAJ BALI PANDEY (ONLINE VERSION)  
SEP 2, TUESDAY, 7:30 TO 9 PM  
MEETING ID: 840 5924 4048  
PASSCODE: BHAKTI

JOIN ZOOM CALL

SUBSCRIBE TO OUR CALENDAR OF EVENTS HERE:

[SUBSCRIBE](#)

TO JOIN HINDU CENTRE AS A MEMBER

[VISIT](#)

ANNUAL MEMBERSHIP \$120 PER YEAR, LIFE - \$2000 (ONE-TIME).



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GROUP

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HELP US PROMOTE, PROTECT AND PRESERVE OUR VEDIC HERITAGE  
"EVERY LITTLE BIT COUNTS"

[DONATE](#)

## Volunteer with us today

HAVE ANY QUESTIONS ABOUT WORKING WITH US?

Please join us at our events, join our WhatsApp broadcast group, engage with us on social media, email us or call us !

[LET'S CHAT!](#)

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