



# patrika

*the voice of the Hindu Centre, Singapore*

NEWS @HC - PAST AND FUTURE EVENTS, HIGHLIGHTS AND NEW PROGRAMS

## PRAYER WHEN LIGHTING THE LAMP

[DĪPAJYOTIḤ PARABRAHMA](#)  
[DĪPAJYOTIR JANĀRDANAḤ](#)  
[DĪPO HARATU ME PĀPAM](#)  
[DĪPAJYOTIR NAMOSTUTE](#)

THE LIGHT OF THE LAMP STANDS FOR BRAHMAN, THE UNMANIFEST TRUTH AS WELL AS FOR THE LORD (IN HIS MANIFEST FORM). LET THAT LIGHT OF LAMP REMOVE MY PAPA, RESULTS OF OMISSIONS AND COMMISSIONS.



[CLICK TO LISTEN](#)

## From President @HC

Namaste and Vanakkam to everyone!

September and October must be one of the busiest periods in the Hindu Calendar and so it is the same at Hindu Centre.

For 10 days from Sept 22, we celebrate Navarathri with puja, music and dance ending with Vijayadashami.

Simultaneously we will be having Purtassi Sani (Saturdays) book sales at the Sri Perumal Temple, selling books, t-shirts and religious accessories for young and old.

As Purtassi comes to an end, Deepavali comes along on 20 October and already the street light up has commenced and festive shopping is ongoing for new clothes. We will be having special hampers for sale which you can give away on your visits.

We look forward to your continued support. May this Festival of Lights brighten your life with happiness and new beginnings.

Dr N Varaprasad  
President



## Meet Mr Rajesh Kumar

### PARTNERSHIPS @HINDU CENTRE

Rajji has a large network of friends in Singapore whom he is always able to get support and help for Hindu Centre from, including potential teachers, students, sponsors, members, MC members, influencers, journalists and also other similar organisations in Singapore. He organises our Raksha Bandhan celebrations, bringing together other Hindu organisations under a single umbrella. Always willing to help, he has developed a great support base for us to tap from the years that he has been at @HC.

# Editor's Corner

## THIRUVONAM FESTIVAL

Onam is the time when King Mahabali, our dear Maveli thampuran returns to see us. His reign was an age of truth, when everyone was happy and prosperous, free of stress and diseases, and we remember and rejoice with all kinds of cultural activities.

Onam is a perfect example of how we keep spirituality alive through legends remembered through the ages, through the culture, food, music and dance that is in our blood and psyche and cultivated through many generations of work. Celebrating the Vamana Avathara of Mahavishnu, and how the bhakti of Mahabali was rewarded.

- onasadya – sumptuous meal full of all the tastes and varieties of food that we can think of
- Pookkalam – filling our front yards with tapestries small to big, of colourful flowers
- Onakkodi – fresh new clothes in the colour of jasmine flowers, with gold kasavu borders
- Onakkali – all kinds of games from pulling rope to giant swings
- Vallamkali – the famous snake boat races where hundreds of people row long boats=
- Thiruvathirakkali – teams of women dancing with grace to the old songs and tunes preserved

Onam is a perfect example of how spirituality is reinstated in people's minds through legends remembered through the ages, and exercised through culture – food, flowers, music and dance, leaving us energised for the rest of the year.

*Shanthy Ravindran*  
*Social Media @HC*

**CURIOUS TO KNOW????**

**ARE RAMAYANA AND MAHABHARATHA MYTHS?**

[CLICK TO ANSWER](#)

**LAST MONTH'S ANSWER:  
THE FOREMOST SCRIPTURES  
ARE THE VEDAS AND AGAMAS,  
WHICH ARE SHRUTI, REVEALED  
TEXT  
THEN COME THE SMRTIS -  
REMEMBERED TEXT -  
ITHIHASAS, PURANAS LIKE  
MAHABHARATA, RAMAYANA ETC**

## Maitreya Connections – Volunteering @HC

As volunteers @HC, we have learnt much of what we needed to know about Sanatana Dharma – its knowledge and its practice for our own lives and for our volunteering activities, and when we stayed long enough, we have been mentored personally by our teachers. For many of us, Hindu Centre is like an extended family. Shanti Rajaraman (seen on the right) is our lead for volunteer management, see our happy volunteers at our last get together here! Maitreya Connections is a WhatsApp group bringing together all our present and future volunteers into a true community @HC, focused on learning and teaching more and more, reaching out to the larger community, organising our classes, festive celebrations and engaged in seva opportunities with children, youth, adults and seniors. Please join us!



[LET'S CHAT!](#)

# October programs

[FIND OUT MORE](#)

**Vedic Yoga - Weekly Tuesday** - Gentle Yoga - 7:30 PM at the centre for 15+ years  
**Grantha - Monthly - Book club** - Read a book every month, discuss last Tuesday of the month  
**Balagurukulam - Weekly** - operates in 2 semesters on Sundays, closed for the school holidays  
**Online Chanting - Monthly** - Chanting of stotrams on many auspicious days including Pournami  
**Thirumanthiram online class** - Every Monday 9PM - 10 PM for 6 months  
**Mitra - Weekly - Counselling service** in the prisons - going on for many years now  
**Bandhu - Monthly - Support service** for inmates of senior homes like RenCi  
**Publications** - One Omkara magazine or book every year and Patrika newsletter every month

Jnana	Jnana	Jnana	Jnana	Bhakti	Seva
Learn Thiruvathira dance	Shiva in Kamba Ramayanam	Thoughts & Happiness	Tarpanam	Vijayadasami	Purattasi Book sales
Beautiful, dance form with simple steps, full of Bhakti	Interesting, but not widely known	Vedanta for life	Prayers for ancestors	Hindu Centre Puja	At Sri Srinivasa Perumal Temple
Oct 12, Oct 19, Oct 26, Nov 2	Oct 17	Oct 11, 18, Nov 1, Nov 8	Oct 29, Nov 5	2-Oct	4-Oct, 11-Oct
Sun	Fri	Sat	Wed	Wed	Sat
3-5 PM	7:30-8:30 PM	4:30-7 PM	7:30-9 PM	7:30-9 PM	6 AM - 2 PM 6 PM - 9 PM
Sindu Padmini	Renga Prasath	Karthik Thirupathi	S Anuradha	@HC	@ SSPT
\$20	Free	\$15	\$20		
<a href="https://sfh.sg/hcarts">https://sfh.sg/hcarts</a>	<a href="https://sfh.sg/hindulife">https://sfh.sg/hindulife</a>	<a href="https://sfh.sg/hcalive">https://sfh.sg/hcalive</a>	<a href="https://sfh.sg/hclife">https://sfh.sg/hclife</a>		



# September programs

[FIND OUT MORE](#)

**Hindu Centre's 8th Pustaka event, on Sep 6**, on the book 40 steps to liberation, by Kathirasan K, ran to a full house as expected. We are very happy to welcome Kathirji back to Hindu Centre after 13 years, this book is a transcription of his own talks @HC many years ago.

It is heartening to see that such a spiritually deep and rich book written by an author in Singapore. Thank you Kathirji. Adi Shankara's Sadhana Panchagam – 5 verses with 40 Sadhanas for liberation Starting with a prayer to Ishwara, Shankara and our own gurus, Kathir took the audience through these, much more detail in the book

- What is liberation, do we desire it and why? Is rebirth a problem? Investigate this first...
  - How to know Brahman, how to not identify with the body, The mahavakyas – Pragyana Brahman, Tat Tvam Asi
  - Then pointed to the first 11 steps of preparation Dharma, Karma Yoga
  - Then the next 29 steps of listening, resolving doubts and embodying the Knowledge for liberation.
- The audience would have left with many thoughts and questions in their mind.

Thanks to Shiva Rai for being the MC at the event, he was closely associated to Kathirji and HC for many years too.

Please buy the book and read it, it is available @HC, and at Amazon, and let us know your feedback, questions and what you'd like to investigate further, as move on in this journey. Thank you for joining us today and let us know if you know of a book by a local author to feature in Pustaka.s

**Hindu Centre's much awaited class on 'Life after death' on Sep 13**, ran to a full house on Saturday. This class was in our new model – sharing, learning, discussion and practice with slokas and meditation – a true Satsanga – in the way that the sastras tell us.

Intensely focused on understanding what happens at death and on what death can teach us on how to live our lives. No one has experienced it, so only our Sastras can tell us about it.

We have all faced death closely among our loved ones at some point in our lives, and been shocked by the experience.

The Sastras tell us what happens in a way that makes sense, how the subtle body leaves the physical body, into a long journey through several lokas – alternate planes of existence – before being born again. And how we can help our pitrs through prayers and offerings.

How we carry our karmic imprints with us into our next lives. And how can help us to overcome our fears of death through living a Dharmic, prayerful life, fulfilling our debts through our 5 daily duties



The event was covered by Tamil Murasu.  
[https://www.tamilmurasu.com.sg/lifestyle/ved-anta-fast-paced-world-40-steps-liberation-book-launch-kathiresan-k?ref=recent\\_articles](https://www.tamilmurasu.com.sg/lifestyle/ved-anta-fast-paced-world-40-steps-liberation-book-launch-kathiresan-k?ref=recent_articles)





## Navaratri

[FIND OUT MORE](#)

Date	Event	Performed By	Time
22 Sept 2025 Monday	Puja, Chanting, Bhajans & Dance	Hindu Centre Bhakti Wing	730pm to 9pm
23 Sept 2025 Tuesday	Vedic Yoga - God Poses	Hindu Centre - Suganthi	730pm to 900pm
24 Sept 2025 Wednesday	Classical programme	SIFAS	700pm to 830pm
25 Sept 2025 Thursday	"Moha Mudgaram" by Shri Adishankaracharya.	Shri Jevakshay Vishnudasa	700pm to 830pm
26 Sept 2025 Friday	Bhajans and Music by Students	Brahmana Sabha	700pm to 830pm
27 Sept 2025 Saturday	Carnatic Songs Children Performance	Ashtalakshmees Group Seetha Teacher's Group	530pm to 630pm 700pm to 830pm
28 Sept 2025 Sunday	Devi Mahatmyam Chanting Puja and Bhajans	Hindu Centre Bhakti Chanting Mitra	1100am to 200pm 700pm to 830pm
29 Sept 2025 Monday	Carnatic Concert	Sripriya and Group	700pm to 830pm
30 Sept 2025 Tuesday	Performance	Beej Academy Students	700pm to 830pm
1 Oct 2025 Wednesday	Puja and chanting Classical programme	Bandhu Hindu Centre Anasfa	700pm to 745pm 745pm to 900pm
2 Oct 2025 Thursday	Vijaya Dasami Puja	Hindu Centre Bhakti Wing	730pm to 9pm





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## Book Sales @HC

### Purattasi @Sri Srinivasa Perumal Temple - October 20, 27, November 4, 11 - 4 Saturdays

Hindu Centre has been selling books for many more than 15 years now. We sell both English and Tamil books, for children and adults as well as other unique items like themed jewellery for adults and T-shirts for children with images of our Gods.

There are many new contemporary types of books becoming available even in Hindu themes like card books for babies, picture books, drawing, colouring and learning to read books for young children and young adults, rich spiritual books for adults and books on related themes like wellness, diet and cooking, ayurveda, vaasthu shastra etc

We are very happy to see the reading habit still alive and parents actively encouraging their children to read these books.

We are thankful to Sri SSPT for giving us this large space and to our volunteers who bring the books here and man our stalls, please do join us!



**Hindu Centre Dance Group Taranga at the Singapore Swimming Club Dandiya Event. We danced for 2 hours straight!**

**VOLUNTEER**

## Felcitations to Aruna on her new home!

### BHAKTI VOLUNTEER - ONLINE CHANTING LEAD



Aruna has been our Online chanting lead since 2020, starting during the Covid shutdown days. She leads our puja and chanting on more than 10 auspicious days like Chaturthi and Sashti, (schedule on next page) all including karya siddhi prayers and prayers for the sick and healing, by nama nakshatra, which Aruna conducts diligently and without fail. Recently she has also started long term classes like Thirumanthiram reading and chanting & more like Devi Mahatmyam. Aruna is also an active participant, along with family at our Bhakti celebrations. She is also learning to play the veena.

A very humble and caring person, she brings a special touch to our chanting classes where many people from Singapore and India feel comfortable joining and chanting, even if they do not know the language well and are not expert at chanting. We all join to learn and to be part of the essence of the prayers. We wish her and family all the best in their new home.

## October Online Chanting

1)\*POURNAMI LALITHA SAHASRANAMAM CHANTING\*: 6.10.2025  
(MONDAY) 7 PM - 8:30 PM SGT/4:30 PM TO 6 PM IST VIA ZOOM ONLINE

2)\*SOUNDARYA LAHARI (SHLOKAS 1-100) CHANTING\*: 9.10.2025  
(THURSDAY) 7 PM - 8:30 PM SGT/4:30 PM - 6 PM IST VIA ZOOM ONLINE

3)\*MOOKA PANCHA SATHI (MPS)-(ARYA SHATHAKAM SHLOKAS,  
PADHARAVINDHA SHATHAKAM, STUTHI SHATHAKAM, KATAKSHA  
SHATHAKAM SHLOKAS) CHANTING\*: 11.10.2025 (SATURDAY) 7:30 AM - 10  
AM SGT/5 AM TO 7:30 AM IST VIA ZOOM ONLINE

4)\*AMMAVASYA ABIRAMI ANDADI CHANTING\*: 21.10.2025 (TUESDAY) 7  
PM - 8:30 PM SGT/4:30 PM - 6 PM IST VIA ZOOM ONLINE

5)\*CHATHURTHI CHANTING\*: 25.10.2025 (SATURDAY) 7 AM -7:30 AM  
SGT/4:30 AM -5 AM IST VIA ZOOM ONLINE

6)\*DEVI MAHATMYAM (CHAPTERS 1-13) CHANTING\*: 25.10.2025  
(SATURDAY) 7:30 AM - 10:30 AM SGT/5 AM TO 8 AM IST VIA ZOOM  
ONLINE

7)\*THIRUVASAGAM MUTRODHAL FOR SIVARATHRI DAY CHANTING (ON  
OCT 26TH)\*: 26.10.2025 (SUNDAY) 6:30 AM - 12 NOON SGT/4 AM - 9:30  
AM IST VIA ZOOM ONLINE

KANDHA SASHTI (6 DAYS) CHANTING BY OURSELVES FROM 22ND OCT TILL  
27TH OCT DAILY

8)\*SASHTI DAY CHANTING\*: 27.10.2025 (MONDAY) 7 PM -8:30 PM  
SGT/4:30 PM -6 PM IST VIA ZOOM ONLINE

JOIN ZOOM CALL

## October Grantha

HINDU SAMSKARAS - RAJ BALI  
PANDEY

OCT 7, TUESDAY, 7:30 TO 9 PM

MEETING ID: 840 5924 4048

PASSCODE: BHAKTI

JOIN ZOOM CALL

**SUBSCRIBE TO OUR CALENDAR OF EVENTS HERE:**

[SUBSCRIBE](#)

**TO JOIN HINDU CENTRE AS A MEMBER**

[VISIT](#)

**ANNUAL MEMBERSHIP \$120 PER YEAR, LIFE - \$2000 (ONE-TIME).**



**TO RECEIVE NOTIFICATIONS OF FUTURE EVENTS, SAVE OUR NEW WHATSUP @HINDU CENTRE NUMBER +65 87741320**

**AND FOLLOW OUR WHATSAPP CHANNEL  
[HTTPS://SFH.SG/HCWA](https://sfh.sg/hcwa)**

**AND OUR TELEGRAM CHANNEL AT [HTTPS://T.ME/HCSP](https://t.me/hcsgp)**

[TELEGRAM  
CHANNEL](#)

**(THIS REPLACES OUR BROADCAST WHATSAPP AT +65 87680532 WHICH WILL BE RETIRED)**

[WHATSAPP  
CHANNEL](#)

[HINDU CENTRE YOUTUBE CHANNEL](#)

**SUBSCRIBE**

**TO JOIN OUR EVENTS**

Email to [events@hinducentre.org.sg](mailto:events@hinducentre.org.sg)

**HELP US PROMOTE, PROTECT AND PRESERVE OUR VEDIC HERITAGE  
"EVERY LITTLE BIT COUNTS"**

[DONATE](#)

**Volunteer with us today**

**HAVE ANY QUESTIONS ABOUT WORKING WITH US?**

Please join us at our events, join our WhatsApp broadcast group, engage with us on social media, email us or call us !

[LET'S CHAT!](#)

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