



NEWS @HC - PAST AND FUTURE EVENTS, HIGHLIGHTS AND NEW PROGRAMS

patrika

the voice of the Hindu Centre, Singapore

we're so glad you're here!

Prayer for the month

PRAYER TO GAÑEŚA

YAKRATUNḌA MAHĀ KĀYA SŪRYA KOṬI
SAMAPRABHA
NIRVIGHNAM KURU ME DEVA SARVA
KĀRYEṢU SARVADĀ

[CLICK TO LISTEN](#)



O, LORD GANESHA OF THE CURVED TRUNK AND MASSIVE BODY,
THE ONE WHOSE SPLENDOUR IS EQUAL TO MILLIONS OF SUNS,
PLEASE BLESS ME SO THAT I DO NOT FACE ANY OBSTACLES IN ALL
MY ENDEAVOURS



HINDU CENTRE DANCE GROUP TARANGA AT RAKSHABANDHAN 2024 AT PGP HALL

HOW ARE YOU?

From President@HC

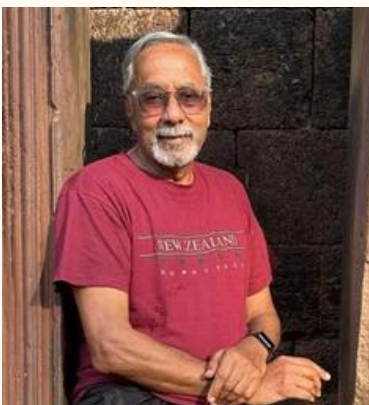
Hindu Centre is a family of like-minded and supportive individuals from many backgrounds but united in a common purpose of bringing collective happiness through Sanatana Dharma, the eternal truth.

I hope the year 2025 has started well for you and your family. A new year usually brings about a desire to make changes in our lives, to achieve more, to procrastinate less, to get fit and lose weight and so on. Many people also aspire to just be happy. One sure-fire way of doing this is to help others.

At Hindu Centre, there are many opportunities to do Seva. Helping our fellow human beings is the same as serving God. One of the most satisfying projects that we do is to visit Hindu residents of old folks homes, hold their hands and talk to them, perhaps sing a bhajan or two. We also take them to a temple so that they can be blessed by Ishwara, and partake of some prasadam.

The look of happiness in their faces is reward enough for our volunteers. Besides Bandhu (the project described above), there are many other opportunities for Seva at Hindu Centre. The best thing is to come and attend our events and meet some of our volunteers and ask what keeps them coming back. Just join our WhatsApp broadcast group to know what's happening. Till then, stay well and safe.

Dr N Varaprasad
President



Meet Dr Prasad

HE HAS BEEN AT HINDU CENTRE FOR 3 DECADES NOW!

President of Hindu Centre and part of many similar organisations in Singapore. An educator at heart, keen to spread Hindu knowledge and awareness in Singapore society. A strong leader, he gives you the freedom to experiment with your own ideas and is also there to guide, mentor and support you, wonderful to work with @HC!

March Events




With Sathguru's grace
BRAHMASABHA & HINDU CENTRE Singapore
invites you all for
Bhajan
On March 1 2025 - 5:00 PM - 7:00 PM
@Hindu Centre, 132 Owen Rd, Singapore 218935
We welcome children to join, recite a sloka or sing in the bhajan. Our aim is to nurture a spirit of bhakti in young minds.
All are Welcome. Please Scan QR code to register for logistics. Prasadam will be served after event.

MARCH 1 - KIDS AND ADULTS ARE WELCOME TO COME AND TRY OUT WHAT YOU KNOW AND LEARN MORE




Introduction to Medical Astrology
Tips to maintain good health for the 12 Rashis / Lagnas
This class will create an awareness of what to look out for, to live a healthy life, tailored to the Rashi / Lagna. The teacher comes from a family of astrologers and has been analysing horoscopes from the age of 15.
Monday 3 March 2025
7 pm - 8 pm SGT
Fees: SGD 10
Medium of instruction: Tamil
Hindu Centre, 132 Owen Road, S 218935
On site, in person class
Session by: **Smt. Vijayalakshmi Krishnamoorthy**, Spiritual speaker, writer and astrologer
Visit us at www.hinducentre.org.sg
For enquiries, pls call us at +65 62918540 during office hours or email us at events@hinducentre.org.sg
Receive notifications of future events, send JOIN on WhatsApp to +65 87680532
Register at the following link: <https://sfh.sg/hc/astro> or Scan the QR Code

MARCH 3 - HEALTH AWARENESS. MEDICAL ASTROLOGY TAILORED TO THE 12 RASHIS / LAGNAS



NAVAGRAHA WORSHIP
TO GET THE BLESSINGS OF THE 9 PLANETARY FORCES THAT INFLUENCE OUR LIVES
Join this structured workshop to get you into the habit of Navagraha worship every day.
LEARN
• The mythological background from the Puranas
• The character of the Navagrahas
• How to neutralise your negative karmas through this worship
• Chanting the Navagraha stotram & understand the meaning
• One navagraha kolam for every day of the week
Fees: SGD 10
8th March 2025, Saturday, 3 PM to 5 PM
Hindu Centre, 132 Owen Road, S 218935
For enquiries, mail us at events@hinducentre.org.sg. Receive notifications of future event

MARCH 8 - LEARN ABOUT WHY, HOW AND WHAT TO DO TO ADDRESS WHAT THE NAVAGRAHAS TELL US ABOUT OUR LIVES



Learn to draw traditional kolams
Kannan Paadam
Pooja Kolams
Lakshmi Paadam
Sikku Kolam
Padi Kolam
Pulli kolam
Session by: **Manthi Ravindran**, Volunteer teacher for the past 10 years
Saturday, March 15, 2025, 3:30 to 5:30 pm
Fees: SGD 15, kolam applicator provided for learners
Venue: Hindu Centre, 132 Owen Road, S 218935
Register soon at: <https://sfh.sg/hcarts> OR Scan the QR code
Our calendar of events at <https://sfh.sg/hc/events>
Contact us at www.hinducentre.org.sg
For enquiries, call 6291 8540
To get an update of future events, add us to your contacts and send JOIN on WhatsApp to +65 87680532
or send email to events@hinducentre.org.sg

MARCH 15 - KOLAMS ARE BEAUTIFUL, BUT WHAT IS THEIR SIGNIFICANCE?



Hindu Centre
Jnana • Bhakti • Seva
Presents Talks by NILOOFERJI
Nilooferji is an Exponent of Vedanta, Vedic Chanting, and Sanskrit. She is a trained classical pianist.
The Interplay of the Qualities that make up our character
March 21, 2025, Friday, 7:30 - 9 PM
Extracts from the Bhagavad Gita
Meditations on the Self - The Essence of Being
March 22, 2025, Saturday, 5 - 7 PM
Extracts from Brahma Gnanavali by Adi Shankaracharya
The Intricacies of Choices and Consequences
March 23, 2025, Sunday, 5 - 7 PM
Extracts from Yaksha Prashna from Mahabharata
Venue: The Hindu Centre, 132, Owen Road, S 218935
For enquiries, pls call us at 62918540 in office hours or email us at events@hinducentre.org.sg. Receive notifications of future events, send JOIN on WhatsApp to +65 87680532
Please register at the following link: <https://sfh.sg/hc/allive> Or scan the QR Code to register

MARCH 21/22/23 NILOOFERJI IS FAMILIAR TO US AS GREAT TEACHER, PLEASE JOIN US AGAIN ON THESE 3 UNIQUE PROGRAMS

[FIND OUT MORE](#)

Online Chanting
Online chanting:
Please refer to last page for details of how and when to join on ZOOM - Mornings / Evenings - x9 events



Hindu Centre
Jnana • Bhakti • Seva
BEACH Clean Up
The Earth is considered the Mother Goddess in Hinduism. Taking care of nature (Shoota Yagna) is one of the five compulsory daily duties of all Hindus. Help in this effort to clean the beach!
16 MARCH 2025 | 9AM - 11AM
BRIEFING AT 8.50AM
PARKLAND GREEN @ EAST COAST PARK
CONTACT:
Phone: 62918540 (10am to 6pm)
WhatsApp JOIN to +6587680532, to receive notifications of our events
Email: admin@hinducentre.org.sg
Registration link: <https://sfh.org/oc2025>

OUR FIRST SUSTAINABILITY EVENT, PLEASE DO JOIN US

Welcome to our first issue in 2025!

Editor's Corner

MAHASIVARATRI & CERN NATARAJA IN FOCUS



IMAGE: TIMES OF INDIA

Physicist Capra has noted Shiva's cosmic dance - which symbolises interconnected cycles of creation, preservation and destruction, happening continuously and simultaneously through the rhythm of this Thandava - as a metaphor for the perpetual state of transformation in quantum mechanics. **Sculptor Rodin was overcome with wonder** at how the Chola bronze sculptors were able to capture the face of the serenely composed Shiva amidst all the movement and frenzy.

We observe proudly - with reverence and awe - how our ancient Hindu rishis and sculptors were able to translate this dance of the universe into the symbolism of this beautiful Nataraja sculpture.

**CURIOUS TO KNOW????
WHAT IS THE SCIENTIFIC
NAME OF THE PARTICLE
THAT IS CALLED GOD
PARTICLE? AND WHY?**

[CLICK TO ANSWER](#)

WATCH THIS SPACE NEXT MONTH FOR
THE CURATED ANSWER

Resources



WHY I AM A HINDU

Am I a Hindu? In spirit or practising? How do I tell people about Hinduism?

[BOOKLET](#)



SRI SIVAN TEMPLE ON SIVARATRI

LOOK FOR OUR NEXT BOOK SALES AT LAYAN SIDDHI VINAYAGAR TEMPLE IN AUGUST, WHERE YOU CAN BUY HC CURATED BOOKS, CHILDRENS' BOOKS ETC

Hindu Centre MC conducted a long brainstorming session in February, Lots of ideas for fresh new programs at Hindu Centre.



What do you wish to see from Hindu Centre?
Write to us at
admin@hinducentre.org.sg

Past events – Jan & Feb

HINDU CENTRE THANKS ALL OUR VOLUNTEER TEACHERS COMING FROM DIVERSE BACKGROUNDS AND STUDENTS TOO FOR SHARING THEIR KNOWLEDGE AND EXPERIENCE.



Ms Vyjayanthi is always our first teacher of the year and this is her 3rd online class at HC.

This time, on the parental love of the Always through the Pillai Tamil verses from Periyalvar and Kulasekhara Alvar. Rejoicing in the pranks of Krishna from birth to boyhood, singing lullaby to Rama, Dasaratha's lamentation and Devaki's pain of giving up infant Krishna, she brought the session alive for the online audience.

Pustaka – HC book club celebrates Vrushali Junnarkar's prize winning debut novel.

Vrushali brings her perspective and storytelling flair to this remarkable book. A unique book about people experiencing vibrant Singapore and how it brings out the best in them through swimming. A group of Indian women learning swimming in a condo pool. Their challenges amidst unusual situations and how they still persist and succeed.



Jai Prakash ji is a senior yoga teacher

in Singapore, he teaches with an intensity that is infectious. A repeat of his class to reduce belly fat from last year, the class is so popular that we had to close registrations early this year. The class contains a series of asanas, with breathing focus, put together cleverly to do just what it says, we hope our students are practising.

Balagurukulam 1st Semester starts on Feb 9

For children from 5 to 15 years old to immerse themselves in cultural and spiritual learning. Online with a few in person classes at HC, the 1st semester will run upto May 2025. Children will learn stories from the Puranas, Basics of the Sastras, simple slokas, values of a good Hindu, Temple worship and about festivals.

Balagurukulam

Hindu Centre is dedicated to the spiritual progress of Singapore Hindus through the three pillars of Jnana (Knowledge), Bhakti (Devotion) and Seva (Service).

As part of Jnana, Hindu Centre organises "Balagurukulam" classes imparting knowledge about basic Hinduism to children aged between 5 years to 15 years once a week on Sundays, 10 am to 11.30 am (depending on the age group). Classes are to be conducted online via zoom. For an immersive experience, we plan to have 1 or 2 sessions at Hindu Centre's office in Owen Road (near Farrer Park) and parents will be notified about in-person classes at least 2 weeks in advance.

There are 2 semesters in a year comprising 11 classes in each:
Semester 1 runs from February 2025 to May 2025, 1st class starts on 9th February 2025
Semester 2 will run from July 2025 to September 2025.
5:00 per child / semester. (The fees/contributions are used to help organise the general classes and other programs)

Children learn about

- Puranas & Fables - sharing of stories, Epics and their Characters (Eg. Ramayana, Mahabharata);
- Basics about Sastras (Vedas & Agamas);
- Chant simple mantras, Shlohas (Hymns);
- Core Values of a Good Hindu (Yamas & Niyamas);
- Temple Worship & Practices, 5 step Puja;
- Learn & Participate in Festivals & Celebrations.

Please register through this link to enrol your child for Semester 2:

Hindu Centre is a non-profit society run by volunteers. It depends on the goodwill of generous donors and supporters who believe in its work and mission.

Past events - Jan & Feb



Our teacher Ms Harini, is always willing to share her knowledge with us, this time talking about the inspiring story of how Punithavathi became Karaikkal Ammaiyar. Ms Harini is a Leadership coach and her previous class for us was Leadership lessons from Sundarakandam, featuring Hanuman. We hope she will continue to teach @HC, please do not miss the classes.

Dr Uma Jayaraman is part of our Research and Publications Group. She taught Tulsi Das's

Hanuman Sankata Mochana Ashtaka, a popular Hanuman Arathi and a Karya Siddhi Mantra. We can invoke Hanuman's strength and devotion for ourselves through these prayers. Since he rescued Shani from Ravana, he can even help us ward off the ill effects of Shani Dasa which can help us cope with life.



Ms Vijayalakshmi is a unique teacher, who has learnt Saiva Siddhantha from a very young age. She chose specific verses sung to

Aanilaiyappar of Karur sung specifically to remove mental worries and we could see the students feel happier as they chanted these verses. Students learned to chant these verses with understanding, which makes it more meaningful.

Books spread knowledge. HC spreads this knowledge through our Books Sales and Book Clubs - Pustaka in person and Grantha online

Grantha runs once a month online, a core group of us read the book together, splitting the content among us and discuss the whole book on a video conference. This month we read the book Saiva Sidhantha by K. Ravindran of Thiruvananthapuram. The book is a concise description of the origins, the social milieu and the philosophies around Saiva Sidhantha, written in simple easy to read capsules of information.



Highlights



Kandha Shashti

HINDU CENTRE'S FLAGSHIP PUBLIC EVENT!

500+ people assembled at Veeramakaliamman Temple hall on January 26th morning. From young children to super seniors, all engrossed in the power of Azhagan Murugan's Kavacham and the satsanga.

Sashti Kavacham chanted 6 times along with musical accompaniment and lovely Thiruppugazh songs in between, the bhakti and laya in the room was felt by all.

Look out for it again in January 2026!

Maha Shivaratri

FOUR KAALA PUJA AND ALL NIGHT JAAGARANA



500+ people assembled at Veeramakaliamman Temple hall on January 26th morning. From young children to super seniors, all engrossed in the power of Azhagan Murugan's Kavacham and the satsanga.

Sashti Kavacham chanted 6 times along with musical accompaniment and lovely Thiruppugazh songs in between, the bhakti and laya in the room was felt by all.

Look out for it again in January 2026!

Highlights



Vaikunta Ekadashi

FOUR KAALAS PUJA AND ALL NIGHT JAGARANA

An evening of spiritual observances for good to triumph over evil and gain punya. Vishnu Sahasranamam chanting, energetic Bhajans from HC group and soulful Kirtans by Gita Reading Society, music, games and religious sharing.

Mt Kailash Parikrama

The greatest Yatra of all !



Hindu Centre
Jnana • Bhakti • Seva

14 Days

2nd June 2025

Day	Land Route	Day	Land Route
1	Kathmandu arrival	7	Drive to Darchen
2	Kathmandu temple visit	8	Yamadwar-Derapuk
3	Drive to Border	9	Derapuk Dolma-La pass -Zutulbuk
4	Cross border - stay in Kerung	10	Zuthulbuk - Darchen- Saga
5	Drive to Saga	11	Saga to Kerung
6	Saga-Manasarovar	12	Kerung to Kathmandu.
		13	Final departure.

Kailash Manasarovar Nepal/Tibet

Tour Trip : Holy Dip in Manasarovar Lake

Click QR Code To Register Your Interest
<https://sfh.sg/hcmtkailash>



HC has done 3 Yatras so far - to South Indian temples, to North India and to Kumbh Mela.

In June, we are organising one to the Divine Mt Kailash and Lake Masasarovar.

Itinerary and costs:

<http://sfh.sg/mtkailash.pdf>

To register your interest:

<https://sfh.sg/hcmtkailash>

Let us know where else you would like to go to at
admin@hinducentre.org.sg

March Online Chanting

1)*DEVI MAHATMYAM (CHAPTERS 1-13) CHANTING*: 1.3.2025 (SATURDAY) 7:30 AM - 10:30 AM SGT/5 AM TO 8 AM IST) VIA ZOOM ONLINE

2)*CHATHURTHI CHANTING*: 3.3.2025 (MONDAY) 6:30 AM -7:15 AM SGT/4 AM - 4:45 AM IST VIA ZOOM ONLINE

3)*SASHTI DAY CHANTING*: 5.3.2025 (WEDNESDAY) 7 PM -8 PM SGT/4:30 PM - 5:30 PM IST VIA ZOOM ONLINE

4)*SOUNDARYA LAHARI (SHLOKAS 1-100) CHANTING*: 6.3.2025 (THURSDAY) 7 PM - 8:30 PM SGT/4:30 PM - 6 PM IST VIA ZOOM ONLINE

5)*POURNAMI LALITHA SAHASRANAMAM CHANTING*:13.3.2025 (THURSDAY) 7 PM - 8:30 PM SGT/4:30 PM TO 6 PM IST VIA ZOOM ONLINE

6)*MOOKA PANCHA SATHI (MPS)-(ARYA SHATHAKAM SHLOKAS, PADHARAVINDHA SHATHAKAM, STUTHI SHATHAKAM, KATAKSHA SHATHAKAM SHLOKAS) CHANTING*: 15.3.2025 (SATURDAY) 7:30 AM - 10 AM SGT/5 AM TO 7:30 AM IST VIA ZOOM ONLINE

7)*SIVARATHRI DAY CHANTING*: 27.3.2025 (THURSDAY) 7:30 AM - 8:30 AM SGT/5 AM - 6:00 AM IST VIA ZOOM ONLINE

8)*AMMAVASYA ABIRAMI ANDADI CHANTING*: 29.3.2025 (THURSDAY) 7 PM - 8:15 PM SGT/4:30 PM - 5:45 PM IST VIA ZOOM ONLINE

9)*CHAITRA NAVARATRI CHANTING*: 30.3.2025 (SUNDAY) 7 PM - 8:45 PM SGT/4:30 PM TO 6:15 PM IST VIA ZOOM ONLINE

JOIN ZOOM CALL

MEETING ID: 840 5924 4048
PASSCODE: BHAKTI

EVENTS - SMALL, MEDIUM & LARGE, ONLINE & OFFLINE LEARNING & PRACTICE, CULTURE & SERVICE

Jnana - Education

- Vedanta talks from Nilooferji
- Karma, Samskaras, Bhagavad Gita, Ramayana stories
- Tarpanam and Saraswathi Puja practice
- Adhitya Hrudayam, Hanuman Stotras, Arathi songs, Lalita Navaratnamala
- Sivapuranam, Thiruvempavai, Vel Maaral, Kantharalangaram, Potri Thiru Agaval
- Women saints, Bharathiyar's Bhakti, Pustaka (4)
- Vedic Yoga, Yoga Flow, Yoga for Belly Fat, Chair Yoga, Yoga Therapy, Yoga Nidra, Suryanamaskar workshops
- Culture - Garba dancing, Naivedyam making, Warli Art, Paper Quilling. Nottuswarams with Nilooferji, Bhajans
- Languages - Hindi for Yatra and Sanskrit classes

Bhakti

- Kanda Sashti, Hanuman Chalisa Mass Chanting
- Ganesha Chaturthi, Navaratri, Guru Poornima
- Vaikunta Ekadasi, Sivaratri, Rama Utsav, Rama Navami
- Prayers for Sick and Healing, Homam for World Well-being

Online programs

- Balagurukulam (online) - 4 semesters
- Grantha (8), Monthly chanting (9 per month)
- Saiva and Vaishnava Satsanga (8)

Public events

- Volunteer get together - 100+ partners & volunteers
- Rakshabandhan - Taranga dance and Hindu Parenting book launch. Bhajans
- Hindu Centre's very own first Festive Mela Sales, Pre-loved Saree sales
- Massive Book Sales on all 4 Purattasi Saturdays, Ganesa Chaturthi and Sivaratri

Seva - Seniors, Youth, @Prisons

- Mitra (weekly), Bandhu (monthly), Yuvasakthi, Chakra
- Marriage counselling - Mantranam



Shradhanjali MS RAVETHY SELVARAJ

Volunteer at Hindu Centre for 2 decades from 2001 till she passed away in 2021. Hard-working volunteer and part time staff at Hindu Centre. She was a dear friend to all of us, spreading comfort and warmth wherever she went.

Soundly grounded in Sanathana Dharma principles, she lived a life of value to her family, friends and acquaintances and is remembered with love by all of us @HC.

What do we do? Our 3 pillars

Jnana Bhakti Seva

Jnana@Hindu Centre

Online@Hindu Centre

Hinduism
Life and Living
Learning & Practising
Chanting
Sanskrit & Tamil


Hinduism Alive
Daily life
Contemporary
Sampradayas

Balagurukulam
Sunday classes for
children instilling
knowledge &
practice

Cultural
Singing, dancing
Taranga, Arts,
naivedyam making

Pustaka
Book Sales
Library
HC Publications

Vedic Yoga
For mental and
physical discipline
For all ages, all goals
Meditation



Monthly online chanting
9 per month
Pournami and
Amavasai, Sashti etc

Outreach
Communications
Social Media
Patrika Newsletter

Grantha
Online Book club
Spiritual texts
Other curated books

Online Satsanga
Vaishnava
Saiva

We have:
Credibility and Respect
Experts, Advisors, Mentors, buddies
Ideas, concepts, pedagogy
Culture of sharing and growing
Explicit and Implicit knowledge
Premises, admin and outreach
Collab with others like HYN

You will get:
Help yourself and your families
Help others to benefit as we do
Share your knowledge freely

We are looking for:
Teachers
Contributors
Innovators
Participation
Program coordinators

Bhakti @Hindu Centre


Celebration of Festivals
Rituals and Chanting
Knowledge
Cultural

Mass Chanting
Kanda Sashti
Hanuman Chalisa
Prayers for sick
Well-being Homas

Bhajan Group
Simple
New age
Music

Collaboration
Raksha Bandhan
Krishna Jayanthi
Mass chanting
Bhajans

Yatras
North & South India
Prayagraj & Kailash



Seva @Hindu Centre

Mitra
In prison Hindu
Counselling

Bandhu
Elder care
at Senior Folks
homes

Yuvasakthi
Dedicated Youth
group

Chakra
Counselling for
at-risk juveniles
MCCY

Mantranam
Marriage counselling
service for Hindu
couples - HEB

Sustainability
Beach cleaning

SUBSCRIBE TO OUR CALENDAR OF EVENTS HERE:

[SUBSCRIBE](#)

TO JOIN HINDU CENTRE AS A MEMBER

[VISIT](#)

ANNUAL MEMBERSHIP \$120 PER YEAR, LIFE - \$2000 (ONE-TIME).

HINDU CENTRE WHATSAPP BROADCAST GROUP



SEND JOIN TO +65 8768 0532

[HINDU CENTRE YOUTUBE CHANNEL](#)

SUBSCRIBE

HELP US PROMOTE, PROTECT AND PRESERVE OUR VEDIC HERITAGE
"EVERY LITTLE BIT COUNTS"

[DONATE](#)

Volunteer with us today

HAVE ANY QUESTIONS ABOUT WORKING WITH US?

Please join us at our events, join our WhatsApp broadcast group, engage with us on social media, email us or call us !

[LET'S CHAT!](#)

@hinducentresg | hcadmin@hinducentre.org.sg
<https://www.facebook.com/hinducentresg/>



Jnana@Hindu Centre
Online@Hindu Centre

- Introduction, His and Hers, Learning & Practising, Chanting & Mantra
- Hinduism After Daily Life, Contemporary Spirituality
- Introduction to Sunday classes for children, teaching knowledge & practice
- Book Talks, Seminars, Workshops
- Advanced classes in Sanskrit, Vedic Astrology, Yoga, Ayurveda, Meditation, Karma, Bhakti, Jnana, and other spiritual topics
- Classes for children, teens, and young adults
- For spiritual and physical disciplines, help others to benefit as well as share your knowledge freely
- Online Seminars, Webinars, Talks
- Communications, Social Media, Public Meetings
- Other Services, Volunteer Roles



Bhakti@Hindu Centre | **Seva@Hindu Centre**

- Celebration of festivals, Hindu Festivals, Hinduism, Chanting, Knowledge, Culture
- Music Group, Simple, New age, Music
- Music, Singing, dancing, Bhakti, Yoga, Meditation, Mantra
- For spiritual and physical disciplines, help others to benefit as well as share your knowledge freely
- Classes for children, teens, and young adults
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