



Hindu Centre was formed in 1978 after a group of concerned Singapore Hindus decided that a society was needed to protect Hindu youth from the evangelizing movements found in the various institutes of higher learning, through education and a higher awareness of Hinduism or Sanatana Dharma.

Hindu Centre is dedicated to the spiritual progress of Singapore Hindus through the three pillars of **Jnana (Knowledge), Bhakti (Devotion) and Seva (Service)**. Hindu Centre generally follows Advaita Vedanta in its teachings, emphasising the oneness of all of Creation as the Supreme Divine Intelligence (Brahman), and the divinity in each and every sentient being. In our Bhakti practices, we follow our scriptures which allow worship of Ishwara in various forms so as help us lead a dharmic and prayerful life.

HC is a non-profit society run by volunteers. It depends on the goodwill of generous donors and supporters who believe in its work and mission.

## **Jnana - Education**

The objective of Education in the Hindu Centre is primarily to impart the right knowledge and understanding of Hinduism, based on the Hindu scriptures. Some of the courses conducted include Basic Hinduism, Bhagavad Gita, Stories in Ramayana, Shloka chanting, home puja and Hinduism teacher training.

Other programmes include **Balagurukulam** for children aged 4-16, **Vivaha**, a marriage preparation programme with HEB for Hindu couples, and weekly **Vedic Yoga** classes. Regular satsangs, workshops and seminars are also organized, under the headings of **Hinduism for Life and Living; Hinduism Alive!; Arts, Food and Culture**, and **Pustaka** (a book club).

Children's holiday programmes have also been introduced for the March and June school breaks,

HC also conducts sale of specially selected books in English and Tamil at various temple festival events to devotees.

## **Teacher Training**

We conduct our own training of teachers who can then impart their knowledge to the broader public. The curriculum is adapted from Purna Vidya Foundation in Coimbatore, founded by Swamini Pramananda, a disciple of Pujya Swami Dayananda Saraswati.

## **Inter-faith Dialogue**

HC is active in giving talks to grassroots organisations to promote inter-faith understanding and awareness through a better understanding of Hinduism and to counter myths about Hinduism.

## **Publications and Research**

Hindu Centre publishes a regular magazine Omkara as well as a monthly e-newsletter Patrika. Omkara comprises of articles on Hinduism as well as stories and crossword puzzles for young children. We have also published a booklet "Why I am a Hindu and am proud to remain one", to help Hindus stay informed and how to respond under different scenarios. We have also published "Hinduism 108", a Q&A book on Hinduism, and "Ramayana 108", on the Ramayana, "Krishna 108", on the life of Lord Krishna was published in 2023 and the next title in the works in Parenting the Hindu Way, to help Hindu parents in raising their children the Dharmic Way.

These publications may be purchased from our office at 132 Owen Road, Singapore 218935.

## **Bhakti - Devotion**

The Centre celebrates various religious occasions with a view to propagating the Hindu tradition and culture. The festivals that are celebrated include Ramanavami, Vinayaka Chaturthi and Navarathri. Rakshabhandan and Krishna Jayanti is celebrated jointly in conjunction with many other Hindu organizations in Singapore. Bhajans and mass chanting, as well as prayers for the sick are held regularly.

The Centre also organizes online chanting of prayers and discussions on religious texts.

## **Seva - Service**

### ***Mitra – Religious Counselling Programme & Chakra – Counselling for at-risk youth***

Mitra (Friend) was a project initiated in 2005 with the aim of offering Hindu religious counselling to inmates at various penal institutions. It comprises a unique blend of secular rehabilitation helping skills and focuses on prayers, values and dharma sharing to support rehabilitation and reintegration back to the community. Some of the services offered are In-prison counselling, After-care, Family-care, and Youth-at-Risk counselling.

Hindu Centre now has the largest Hindu counselling presence in the Singapore Prison Service with 70 counsellors.

We also have an arrangement with MSF whereby they refer Hindu youth at risk (under probation) to us for guidance and counselling. This is an ongoing project and MSF continues to renew the arrangement annually.

### ***Bandhu - Elder Care programme***

This programme aims at reducing the fear and anxiety of elderly persons. Simple scriptures and bhajans are shared with the elders. Social activities and visits are arranged to organize a sense of belonging to these senior citizens. Trained volunteers visit the sick and aged Hindu residents at Ren Ci Homes at Bukit Batok, Ang Mo Kio and Woodlands, and the Bukit Batok Home for the Aged.

## ***Mantranam – Hindu Marriage Counselling Service***

Our latest Seva programme is a Marriage Counselling service for Hindu couples, provided free and in confidence by professional counsellors.

## **Administration**

### ***Volunteerism is the Heart***

Hindu Centre is a purely volunteer-run non-profit society. Volunteers are at the heart and soul of its many activities, many of whom spend countless hours teaching, counselling and organising activities. We welcome new volunteers to join us and serve in any area of their choosing.

### ***Funding and Membership***

HC is a non-profit society run by volunteers. It depends on the goodwill of generous donors and supporters who believe it is work and mission.

HC seeks the generosity of those who believe in our mission and vision of a society inspired by Dharma. One can become an Ordinary member by signing up for a fee of \$120pa, or a Life member by paying a lump sum of \$2000.

Affordable donations of small but regular amounts are welcome through a monthly deduction through GIRO.

Donations are always welcome to widen and deepen our range of activities.

## **New Initiatives**

As part of its ongoing efforts to broaden its reach and expand its programming, Hindu Centre has launched a number of new initiatives:

- (a) PUSTAKA Book Club – to read and discuss fiction and non-fictional books on Indic civilization.
- (b) Students' Holiday camps – to provide enriching and entertaining programmes for children during the school holidays, introducing them to basic yoga and Indic art forms.
- (c) FOOD FOR THE GODS Culinary Workshops - to show Hindus how to prepare special dishes for special religious occasions and the underlying reasons.
- (d) MANTRANAM – Marriage Counselling Service for Hindu couples, to address an identified gap (see above).
- (e) INDIC ARTS – Rangoli, garland-making, dances, etc.

## For more information:

Connect with us



<https://sfh.sg/hcfriend>

Volunteer at HC



<https://sfh.sg/hcvolunteer>

Become a member



<https://sfh.sg/hcmember>

## Support our mission:



Use your **digital banking app** to scan this code to make a donation.  
OR  
Directly to Hindu Centre UEN S78SS0017J

## Receive event notifications on your phone:

Send “Join” with your name by WhatsApp to 8768 0532 and save this number as What’sUp@HC in your contacts.

## Social Media

Website: [www.hinducentre.org.sg](http://www.hinducentre.org.sg)

Facebook, YouTube and IG: /hinducentresg

Office Address: 132 Owen Road, Singapore 218935. Tel: 6291 8540 (office hours only)